

Global Awakening News

Commentary and Guidance for Enlightened Change During Rapidly Changing Times

Ascension, Death, and Transfiguration

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NES Forum link:

<http://newearthsummit.org/forum/index.php/topic,1434.0.html>

Main site link

<http://www.pfcn.net/bulletins/death%20and%20transfiguration.pdf>

This is the third of four concluding essays to *Global Awakening News* and The A-List *Updates* series.

Four concluding essays to the “A-List”, by Alex Kochkin with editorial and critical assistance from Tish Van Camp:

The “**Human Question**” came about from a decades-long ongoing examination and re-examination of the potential and appropriateness of extant humans as a vehicle for spiritual intelligences to learn and evolve through. This process required examining how things were in the next levels up from human, which in turn required examining more of the state of the souls and higher level beings that were hooked into the human level of awareness. *Link:*
<http://www.pfcn.net/Bulletins/The%20Human%20Question.pdf>

“**Queen of the Machine**” essay came about from explorations of the energetic spaces underlying 3d and from assessing the state of the “correction energies”. The implications of the situation with levels below 3d density have yet to be explored enough. Perhaps it will be answered *post-“corrections”* by those who have learned the most from this demented realm of existence quaintly referred to as “3d”. My preliminary observations are that there is evidence of a primary or primal root template that has been suppressed and distorted from the inception of all that which the Dark manifested or came to dominate. When the dark side machinery is removed through the larger transformation process that is underway, then what remains?

Link: <http://www.pfcn.net/Bulletins/queen%20of%20the%20machine.pdf>

“**Death and Transfiguration**” emerged from over a year of contemplating the state of the ascension process and of those at their human levels who had an affinity for this. Background to this probably spans most of my human lifetime here and my knowledge that true life exists without any need for a conflicting duality and the illusion of “death”.

Link: <http://www.pfcn.net/bulletins/death%20and%20transfiguration.pdf>

“**Problems of Dissipation**” developed through the consideration of the larger questions of the relationship between higher self/higher level beings and human self and the seeming inability to meaningful influence changes at the human level. This touches upon what I have come to regard as an additional flaw in the greater creation process. *Link:*

<http://www.pfcn.net/bulletins/Problems%20of%20Dissipation.pdf>

Ascension, Death, and Transfiguration

August 14, 2013 (Note: This essay was begun in September of 2012.)

I wish to thank all those who commented on an early draft of this essay, for their time and thoughtful considerations.

In the context of spiritual evolution, this essay addresses something that is generally avoided in ordinary human society, except in limited contexts that usually distort any understanding.

The topic, of course, is usually referred to as “death” and the question of conscious transition from one’s human embodiment.

Dear Reader,

One of the purposes to our work has been to provide a clear enough frame of reference of the Earthly and Cosmic Reality for those who are serious about spiritual transformation and ascension.

Those who have read with us over the years have a good background foundation now, but as always, the details of one’s own evolutionary process are unique. There are no gurus, teachers, or magic rituals that can substitute for one’s own process.

As it is with the material we have published under *Global Awakening News* and the *Updates*, what is written must stand on its own for what it is. Given the vagueries of the human realm and of human language, there is no human “certifications” we can claim. In other words you will need to follow and test what we have published over the years for one’s *Self*. We have provided various perspectives and lines of reasoning and criteria to help refine one’s discernment.

Human beliefs in fearing and avoiding death, and specifically against “consciously dying”, can be traced partly to social programming over countless generations. The most notable exception to this is of course the glorification of war and human sacrifice in its myriad forms. But underlying all of this is the “machinery of the unconscious”, the sub-levels to biological life. And this is directly traceable to the “cosmic error” that led to the rise of the Dark forces. It was in their interests, specifically to multiply their genetic experiments in

creating humans as vessels for spiritual consciousness –their own as well as to trap those of the Light.

Preface

For our purposes, *eschatology* concerns the end of the “reality” of the mundane and the reconnection to the higher Oneness, the Divine. The *ascension* process is about the separating of the true Light from the Dark and involves the *upshifting* of various levels of our being to higher vibrational or dimensional states. “Home” (or interim “home”) is whatever is most immediately appropriate to each of our spiritual circumstances. For most, “home” represents reconnection and return to their greater level of being.

The process usually involves *descension* of some portion of the higher light into density for the purposes of transforming it. This is not to be equated with the entrapment of soul beings in this reality or some quixotic “mission” by naïve and ill-equipped “light warriors”. The *transformational* process is also aimed at the freeing of the true light as well as the creational matrix that has held it for so long.

There is no contradiction between ascension and descension. Both are needed. Both are underway. There are those now as human selves who are embodying more of their higher self as their overall energetic capacity grows. There are also those who are energetically preparing for their conscious transition from human embodiment. The “*correction energies*” are all part of these dynamic processes.

And yes, there are those who at their human and/or higher levels will not go along with these changes, preferring to remain mired in the Dark control matrix and its surreal world of falsehood.

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In considering the questions of this essay, it is important to pay attention to one’s own frame of reference or the point of view. Like the “half empty-half full” notion, one individual may view death merely as terminating the human bio-form, while another may view death as spiritual transcendence.

Across this planet, human society in its billions has been programmed to “survive” and adapt to their surrounding physical and social conditions, no matter how terrible. They are also programmed that “death” is inevitable but also something to fear or avoid “at all costs”. Therefore, “suffering” by default is to be “preferred”, even if under duress. ...Even preferred to “ascension”. “Death” has been complicated to the extreme in spiritual circles from ancient to modern times and even ascension has been equated with “death”. (See *End Notes* appendix: “*The Three Fears*”)

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For most who are here and now in these times, the challenge has been to move ahead in spiritual evolution on behalf of the greater creation and on behalf of ones own greater being. It is all about one’s spiritual learning. It has never been about human-centric aspirations. But the vast majority of humans want no part of this, preferring instead their own version of “delusion of the illusion”.

Earthly “3d” existence has provided infinite ways to experience some of the enormous changes in the energetic fabric of “reality” as well as changes in microcosm through one’s human vessel. But the suffering and other frustrations associated with being here in human form –and in a rapidly degenerating social and material environment –is something that for many can no longer be tolerated. And I would add, the risks of remaining trapped here too long are *not* to be disregarded or treated “casually”. (See *End Notes: “Risks to Soul, Risks to Self”*)

I have touched on this before in many ways. Too many are accustomed to passively waiting and pleading with whatever they imagine to be “higher level” spiritual beings, yet too few are willing to take a genuinely active role in addressing what is most needed to move their own process ahead. Truly, what is it that is most important?

Those who have read with us over the years have a good foundation to draw upon, but as always the details of one’s own evolutionary process are unique and there are no gurus, teachers, or rituals that can substitute for this.

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“Ascension by repulsion” will not work and we have explained why this is the case in various writings. One’s “high attractor” is very important, even an interim one. As long as the high attractor is primary, one can reject what is deemed to be “un-right” or intolerable. The energy of this can even serve as a slight and brief boost in one’s spiritual process. But sooner or later, in order to move to higher levels there has to be a sufficiently high attractor and one cannot fixate upon what repulses. I cannot overemphasize this.

Some have made “bubble-nests” for themselves to help buffer them from a grotesque and potentially hostile human world, but they forgot that this was to be only an *interim arrangement* and became too attached to the illusion of comfort and safety of their “bubble-nest”.

Euthanasia: (to “ease” + death)

Suicide: (“of its own kind” + to remove, incise, annihilate)

Eschatology: (study of the last, final events of history and destiny of humans)

Ascension: (to move/climb to a higher level of existence)

Transfiguration: (change of state, change of form or appearance, metamorphism)

Ascension, Death, and Transfiguration

With a few notable exceptions, people are programmed –driven even –to spend their short human lives avoiding “death”. Some who have the financial and technical resources seek immortality of their present human self, something we have discussed in recent essays on cybernetics and transhumanism.

Examples of “notable exceptions” would be social and religious sanctioned wars, capital punishment, and abortion. In this distorted existence it is not surprising that those most vehemently opposed to abortion are also proponents of the death penalty and acts of war by “their” designated nation.

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It is a falsehood that “life” of the true *Self* ends when the human host body stops. This is based of course upon social-spiritual control memes that define “life” as chaotically coordinated, bio-chemical processes. These same control memes also define the “personal mind” based upon distorted psychologies of “ego” coupled to some animalistic level of being.

Today we have a body of literature concerning “near death experiences” (NDE’s) and accounts from psychically developed individuals that provide a glimpse of a larger continuity of being for humans and more.

Perhaps one useful side of the resistance and fear of “death” is that, despite the illusions that “human life” is all there is to one’s real being or true *Self*, some fraction of human *Selves* will pursue deeper concerns of spiritual existence. It is this rarefied portion who contribute enormously to the spiritual evolution of their own greater being and that of the evolution of greater creation.

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Fear of “death” has been one of the greatest control mechanisms ever introduced.

For example, “death” has become such a pejorative term that even humans suffering from terminal illness are denied “dignified” control over their last days in a human body. Humans prefer to force even those who are medically suffering to suffer even more, and to oblige everyone familiar with them to indirectly suffer as well, while maintaining in effect a “death watch”.

Perhaps those imagining themselves to be “left behind” are somehow feeling “left out” or “abandoned”, somehow like a perverse version of “survivor guilt”?

It is only recently that organizations such as *Exit International* developed enough support to introduce the necessary legal permissions for those who are terminally ill to gain some measure of control over what remains of their human existence.

They have also provided medically sound, practical information on methods of peacefully shutting down the human body, thereby obliging the Self to exit its human host vessel.

However one looks at this question from the dominant human level there seems to be very little consideration to empowering the individual human to terminate their human life with dignity and grace and to do so in a spiritually conscious manner, and while still in good health and mind. There are only those mythic stories of figures such as Socrates choosing how he is to be permanently deleted from extant society or conflicted rationales presented in movies such as “*Soylent Green*”.

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Those who have experienced the farther reaches of beyond “near death” from catastrophe or through highly expanded states of spiritual consciousness are personally better equipped to deal with these matters. These individuals generally have a very different point of view on the topic of “death” than those who have no knowledge of the continuity of consciousness of a self beyond the embodied human ego-personality.

There are still a rare few and remote communities of people who rely upon spiritual counsel and spiritual insight, that have a very different point of view on death and dying, some even honor the wishes of those who choose to voluntarily depart their community for other planes of being.

Most humans are so focused on the “illusions of materiality” presented before them and the rest of the trappings of human “civilization”, that “death” has come to represent the annihilation of their total existence. But they mistakenly presume that their human personal ego-self is all there is to their existence, and thus maintain their attention to the limitations of the human material and social world.

It is a perverse society that enforces a “death penalty” and creates a “death row” for those who caused extreme violence to others –while collectively sanctioning worldwide mass murder, torture, and selective terror. It is equally and insanely perverse quality of human society to perpetuate fear and superstitions about consciously ending ones human existence as a morality” issue. And yet, it is most curious that these same people also support the death penalty, torture, and war.

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Further to this discussion, if someone consciously leaves their body through yogic related methods, is this spiritually wrong or inappropriate? Must they first be old or/and medically infirmed? Who decides this? Why? Some spiritual teachings support this while others decry it.

One individual whom I know of led a most extraordinary life and decided to leave their body after their 100th birthday and deliberately shut down their body. Was it more socially acceptable because of his advanced age, or was this just a form of “suicide”? According to most proponents of a perverse type of “natural death”, suffering and misery is acceptable, and in extreme cases, powerful drugs are allowed and they call it “palliative care”.

Consider that Aurobindo (and other accomplished spiritual teachers) consciously induced biological death along with the complete withdrawal of their consciousness and subtle bodies from 3d physicality, was this “suicide”? The very use of this fear-laden term seems incongruous and inappropriate in these such contexts.

Without making a distinction between the lower self and the human Self which is an individuation and projection of a spiritual entity, there are those who maintain that it is the one’s highest duty to keep the body alive and functioning – and to keep the spiritual self trapped still longer, no matter what.

There are various methods proven to lead to consciously and permanently leaving the human body through focused consciousness and include methods for shifting ones primary energy centers, unifying ones energy centers in preparation for departure, walking out through out of body practices, etc. While there is no easy or “fool proof” meditation or subtle energy method, a commonality shared by these methods is that they require *an overall focused and undistracted intent*.

Now then, if someone succeeds in vibrating their cellular matter into another state, one that is not generally accessible (visible) to other humans, is that somehow inappropriate as well? However, most human would be amazed and find it a “miracle”. Many stories have been written about such things.

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Once again we have the question of what does it matter how this is achieved, whether through ending the body functions first or withdrawing the spiritual energies first. The result is the same.

What is most important in my view is whether one is sufficiently complete in terms of their human level Self and sufficiently conscious with regard to their process of “departure”, regardless of whether this is a “high attractor”-focused process, or primarily to end excessive personal suffering. Whether one is in hospice or not, young or old, healthy or infirmed, what matters first and most is one’s *state of personal completions*. This includes ending attachments to the lower density form and ceasing to identify oneself as “human”. Thus one comes to identify oneself as a spiritual being.

As one moves through this process, there may be the question of “correctness” as to how this is accomplished. If it is done by shutting down the body first, is this

any more or less appropriate than spiritually vacating the body first and thus withdrawing the spiritual energies which animate the cells and organs? Then there is the importance of being certain within oneself as to the timing of ones' choosing to depart, and that it is not imposed or forced from without.

No matter what dismay one may have over ones personal human experiences or that of the human collective, it is of the utmost importance to make this all part of ones higher learning and not leave here due to “negatives” or out of discouragement, etc., but rather purely with the “high attractor”. I cannot emphasize this enough.

As it is in the “as below” of humans, so it is with larger spiritual beings who connect in at the human level. One can have the best and highest of intentions, but one cannot control how these intentions play out with others in the realm of “conflictual duality” and in the absence of the higher Oneness.

The whole process is one that becomes an intimate discussion with oneself and one's higher self levels, which are also influenced by their development as a larger spiritual being and the circumstances at the higher levels to facilitate passage to the highest *appropriate* vibrational levels.

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There are two main ways to exit 3d level of human physicality. One is to first end the bodily functions as a way to facilitate the separation of spiritual consciousness from the human 3d physical state. The other is to end the human level of consciousness and subtle energies by withdrawing it from the 3d human physical vessel and the body shuts down eventually.

In some rare cases, the individual may be able to vibrate out of this reality, leaving little or no biological remains. This requires a level of certainty and state of completion and high attractor that is well enough established. This also requires that there little to nothing in the ordinary 3d either attracts or distracts from this process.

Outside the common subtle body fields closely surrounding your human form, a larger light body structure may develop or simply appear to you. This may become an ongoing experience or it may fade in and out of your awareness as you become comfortable with it and it adjusts to you. This is not much different than developing a light body at a higher vibrational state for your human level consciousness to transfer to. The main distinction is that comes to you in 3d –it is a descension of a portion of your higher vibrational “body”. It may seem to be several inches or further out around you or in front of you, spatially separate from your human body. As you identify with it, you may also feel as if you are several feet in height or larger.

If these options becomes available to you (whether you have requested this or not) do not fixate on what happens to your biological vessel.

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However you accomplish or experience these changes, please remember that there is no “judgment” imposed from without. This is all about refining one’s spiritual learning process. *It is all about spiritual learning and the evolution of Creation.*

-ASK

Appendix of End Notes

Notes on “Leaving”

August 2013

Comments on the “Near Death Experience”

January 2013

Notes from 2012 and 2013 while preparing this essay On the Subject of “Suicide” – Part 1

September 2012 to August 12, 2013

On the Topic of “Suicide” – Part 2

From October 2012 to August 12, 2013

Rules for Leaving 3d? What Rules?

August 2013

The Three Fears

July 12, 2013

Risks to Self, Risks to Your Higher Being

August 2013

Related articles include:

“Boundary Layers...” posting at NES forums – link:

<http://newearthsummit.org/forum/index.php/topic.1401.msg5904.html#msg5904>

and another is “The Eschaton”:

<http://newearthsummit.org/forum/index.php/topic.1401.msg6021.html#msg6021>

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Notes on “Leaving”

August 2013

There are generally two main ways to exit 3d level of human physicality. One is to first end the bodily functions as a way to facilitate the separation of spiritual consciousness from the human 3d physical state. The other is to end the human level of consciousness and subtle energies by withdrawing it from the 3d human physical vessel and the body shuts down eventually.

This latter approach is closely related to the ascension-expansion process whereby one incrementally expands ones consciousness to the levels above and eventually transfers more and more for longer periods until the process is completed. Usually this requires the assistance of one’s own higher level being to facilitate and to make sure no unwanted entity slips in to the body at the last moment. In rare cases there can be a mutual agreement with another spiritual being to “move in” to the vacated body. But this is rarely done successfully and the new “resident” usually has to deal with the memories of its predecessor. The most successful instances of this “walk out-walk in” process are when the new entity is already an integral part of resident higher level/soul being.

One of the things to be watchful for is to not dissipate your energies or leave too little “in residence” at the 3d level and thus lose the ability to focus. It is best to collect all of oneself from 3d –consciousness and whatever is required from the level of the subtle bodies.

In some less common, there may be the descent or otherwise the appearance of a lightbody around their human form and its lower level subtle bodies. This is unmistakable when it occurs. Sooner or later, this “light body” can serve as an alternate exit mode. It is more common to exit via the light filament/s of your central core. These may appear to be connected in the area of your head or lower down along your central axis.

The “high attractor” is closely related to the energetic mode of exit.

For example, will there be a unification of all the main energy centers that are used to operate ones human vehicle into one unified field? A merger back into the larger being? Maintenance of the discrete energy center patterns –perhaps to maintain one’s individuation at another level?

Perhaps a fast up and out to regions far beyond the fallen realm? Perhaps an interim stay in a higher level dimension relatively free of dark side interference, yet still within the fallen sector? Or perhaps some interim “bridge duty” to help many more make their way safely and expeditiously?

So much depends on the choices we make with our own higher levels.

Are you ready?

Attachments to 3d?

Completions checklist?

High attractor?

Contact with your lower self?

Start ignition process.

-ASK

Comments on the “Near Death Experience” (NDE)

January 2013

I wish to emphasize that, just because someone has had a major NDE that brings them into contact with states of higher consciousness and higher level beings, does not mean they have learned of the reality of Creation or the “Error of the Dark”. Nor does it “certify” they were immersed in the “true light”. More than a few were taken in by entities of the dark side that pose as “luminous beings of light”. In one example, the person involved “returned” to promote various “projects” specifically designed to hook into unsuspecting humans so that their dark side sponsors could gain access to “fresh” collective energies.

The problem of NDE is similar to that of clairvoyants who may be very accomplished in “seeing” certain vibrational states or levels, but are limited in seeing much “higher” or further into the true creation levels. Thus will nearly always make for mistaken assumptions or conclusions.

There are presently a few speakers and authors who experienced significant NDE’s but their conclusions and teachings following their return to human body are nothing I would recommend following.

There are also those who are in some ways “pioneers” in the NDE literature who did not have enough pieces of the puzzle and thus projected things that they do *not* truly *Know* in a distorted context or paradigm. In this latter case, it is usually their own belief systems that set-up this distortion.

There are also a few NDE “returnees” who actually learned what is Real and have shared this with others. Most of those NDE’ers who entered into the higher Light and “returned” did *not* become public figures.

The NDE, like any spiritual teachings, requires extreme discernment by those who had the experience as well as by those whom they may teach.

-ASK

Notes from 2012 and 2013 while preparing the main essay...

On the Subject of “Suicide” – Part 1

September 2012 to August 12, 2013

“*Suicide*” is a word which has carried much religious and psychological baggage for a long time, mostly to control spiritual Selves that have a human body. These beliefs are so readily perpetuated by humans who are in denial of their own desires to be free of the earthly 3d realm, yet who are in fear of what may lie beyond their tightly constrained and limited human-centric awareness.

These are all control memes based upon some of the most terrible of falsehoods. And yes, there are exceptions, where there is an accident or otherwise and someone is working hard to repair their body and mind. These can be, up to a point, useful teaching experiences for those who may require them at their human and/or spiritual higher self levels.

“Suicide” is nearly always equated with “weakness”, “sin”, “failure”, “shame”, etc. And for those who know someone who deliberately ended their human life, there are all these issues being mirrored back.

Indeed, there is some value in maintaining social beliefs that oblige the Self to consider their intent and actions with the greatest of consideration to their own existence and to those they may be connected with, however that may be.

However, society treats this as a psychopathology or some “morality” issue to reinforce a deep denial that this is really about deep collective fear and profound spiritual ignorance.

For the human level of awareness, I will acknowledge that there is an argument *against* “loosening” of euthanasia and suicide laws, claiming it would make society less caring. My short response is that this is the *least* of human society’s problems and that such a position reflects abysmal fear and ignorance as well as self-centeredness. Human society has always lacked the capacity for real “caring” for its members. Genuine spiritual caring occurs only in rare of private situations.

Given the general state of human society, one can also make a converse argument that to force members to remain embodied against their will is cruel and engenders further suffering.

But none of this is particularly relevant to the scope of the main essay, “*Death and Transfiguration*”!

-ASK

On the Topic of “Suicide” – Part 2

From October 2012 to August 12, 2013

Over recent years, I became aware of massive numbers of incredibly poor farmers, in India and elsewhere, who are taking their own lives, many by drinking pesticide and fertilizer. At one level, this is ostensibly due to the centralized control over global agriculture by very few private interests and corresponding government agricultural policies that leads to the most terrible misery. Each year these numbers grow by many thousands who deliberately end their lives as they truly have no other options for their human existence in this world. Globally this would easily be projected to be in the range of hundreds of thousands.

If you could look in on the simple farmers over much of Asia, growing of food is becoming more difficult and impossible in some areas due to climate change or due to the “obligated slavery” to agri-industry and governments. If you were to look in on these people whose family have been farmers for generations, their pain and weariness of their existence would be obvious in an instant.

I recall meeting many of them in a protected upper level zone as thousands were incoming to one of the new “receiving zones” at the next levels up that were protected from intrusion by the dark forces. They really did have an affinity toward the earth and growing food simply. First they had to be unburdened of their illusion. In many cases these burdens were represented by the heavy sacks of rice they still carried upon their non-physical shoulders even after passing. Each one was met and was helped to “un-shoulder” their burdens. There were industrial workers too, but it was the farmers who stood out to me the most.

Growing of food simply will not work as it used to. But then, the origins of private and organized agriculture date back to the inception of the modern humans. Concentrated agriculture was essential to the plans of those non-terrestrial entities who “played god” and directed the vectors of human development on this Earth.

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As an example, during September-October 2012 thousands of industrial slaves were rioting at the enormous manufacturing operations in China where various Apple Inc., products are made. Surrounding this period, a few hundred threatened to end their human lives in order to end their misery –right at these manufacturing complexes built in China with Apple’s funding. This would have been at a larger scale than the previously “mere” tens (and more likely, scores) who had ended their human lives to end their enslavement and endless misery. This is story is similar to countless locations around the world where enforced material poverty is used to serve industrial agricultural and manufacturing owners.

By way of another example, of the tens of thousands of military people from the USA (and more even from other countries) who have been forced to work at the “permanent war” which has existed for a long time, thousands of “veterans” have ended their lives due to intense psychological and material suffering that they experienced from their involvement.

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In addition to these examples is the “normal background” human attrition from catastrophic accidents, infirmity, old age entropic failure, and despair. Not only have these formerly Selves required assistance at the next levels up, there have also been enormous efforts underway to prepare for much larger scale departures from 3d human-Earth level.

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So who can judge these individuals to be “wrong” in ending their human lives as they do –not through conscious spiritual completion –but out of an overwhelming need to end their despair and suffering?

It is all about spiritual learning and if they find a new spiritual purpose to maintaining their individuation from their higher level/soul being, then that is all there is to it.

I would also remind those who lack good psychic or energetic boundaries, or who are inured to “wounded bonding” with others, that there is nothing to do at the human level to stop or “solve” any of this.

This is not to negate whatever genuine *spiritual* value there is in humans assisting humans or other animals in times of pain and suffering. However, too many become caught up in the “helping” and lose spiritual perspective, and at times lose themselves in the process.

-ASK

Rules for Leaving 3d? What Rules?

August 2013

What is most important is whether one is sufficiently complete in their process and conscious with regard to “embarkation” –and that it is a “high attractor” that guides, and not “negative repulsion”.

The question of what (spiritual) “rules” may exist for permanently leaving one’s human form comes up in various contexts. I might ask in response, what are the “rules” for coming here into human 3d in the first place? And was there some “fine print” that you were unaware of?

I know why I came here. Do you?

So here is my short response to the question of what rules there are for having a human body to play around with on this Earth. This is what I know:

There are no cosmic “immutable laws or rules” governing the human Earthly presence of a spiritual being. The notion of such things is similar to notions of “karma” and “reincarnation” –two concepts that are falsehoods, as they are understood and accepted. The “high absolution” of the new energies of Creator effectively supercedes anything of a lower nature.

However, as this creation is cleared of the Dark and remade, there will be rules and guidelines and restrictions placed upon spiritual beings that seek to individuate, enter, and occupy something of lower fields of density such as a human host vessel.

The most fundamental and primary “rule” is that of the higher Oneness and that is permeated by self-regulating qualities at all levels. This state of original non-duality is something that I know directly. The shortest description I can offer is “Truth, Beauty, and Love”. The “love” to which I refer is a vibration and mutuality of the highest order that allows for what is, to exist in a stable or coherent enough manner. This is integral to the ongoing development of Creation, Creator, “creator beings in training”, extending through The All.

There are no “universal” or “cosmic” rules, except one perhaps which I have emphasized repeatedly: it is all about the spiritual learning of that aspect of greater being that is human Self “you”, of your greater being as a whole (what have you learned here?), and to contribute to the greater evolutionary development of Creation and of Creator of All. Some had some specific spiritual tasks to undertake on behalf of higher realms, usually it was to help conduct

higher level energies into the lower densities on behalf of the larger transformation process.

The other category of “rules” has to do with the ever-changing filters of the “correction energies” which extend below and far above the “3d” level. This has been necessary given the addictive nature of 3d density –like a “virtual reality game”. The contamination and infection of so many spiritual beings has been so severe that the forces of Light found it necessary to emplace new restrictions or boundary layers in the levels above. Thus the “corrections energies” process continues to refine, post-“3d”.

Otherwise the general “rules” for spiritual beings to experience “*humanhood*” were established and administered by the Dark forces.

Today, unless one is 100% certain of a “new assignment” from one’s higher level, there are no more “missions” to accomplish and you are either on “free time” to explore further or are actively working toward your embarkation from this lower density.

“You” are a projection of a more complex and larger spiritual being. Some portion of “greater you” agreed or expressed interest in taking on a human form. There are often all sorts of intentions and “wish lists” related to this process prior to entering into the 3d density from a relatively non-form state of being. In each individual case the purpose and intentions are entirely unique. Overall purpose and intents can change during one’s human life.

For most humans nothing very remarkable happens outside the constraints of the social control systems and as it is with most human lives, very little “higher” (spiritual) learning occurs.

At many points during this human life one’s can reach an impasse or level of completion that it may seem as if there is little more. In earlier years this could well be met by a quiet descension of new energies, occurrences which inspire new avenues for exploring, etc.

For those who are consciously at a threshold of spiritualization, there is usually much going on which can stimulate their process of spiritual growth to new levels. One may have many levels or layers of completions, each time more refinement of depth or scope of understanding occurs.

But there comes a point, especially in the period we are now in, in which one is *sufficiently complete* in their personal and spiritual process and becomes highly focused upon the conscious descension/ascension process. This is an intimate dynamic between human Self “you” and your greater being –and for a small fraction of individuals, involves coordinating with other higher level beings.

Many of our readers are just approaching this point in their development –or they have arrived at this important spiritual threshold.

There is no cosmic “rule book” that covers this level of individuation. There is no other human who can certify you as “ready”.

Whatever one comes to regard as guidelines or “rules”, these are actually imbedded in the spiritual light bio-circuits that supports the projection and existence that is the “you” which is experiencing 3d density. These are defined and encoded prior to human incarnation and for some, modified later on as may be appropriate. It is mostly derived from the matrix of your higher level/soul being. Thus in so many ways, it is of your making –and therefore subject to your unmaking.

You know when you are complete, you know when you are ready to move on to a more expanded state. At that point what truly matters is the purity and focus of intention.

In other words it is possible, I would say essential, that one write their own ticket, their own rules. The main caveat is that it be in accord with the high level states of creation, non-duality, etc. Are you ready?

If there was something that could be considered a “master key” it would be the “high attractor” –that mutuality of affection among spiritual intelligences, between creation and creator. But there is *no* human quality of this “love” that can be expressed, only barely hinted at... However, to write this as directly as I can:

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There is a quality of what has been called LOVE ...of creation, of creating, of experiencing, of learning, of seeing the amazing diversity of Creator-Consciousness expressed in myriad ways and across myriad vibrational states. Even more, there is the “loving” astonishment and “mutual loving regard” of that shining awareness which becomes expressed in amazingly surprising and diverse ways within the Vastness of The All.

It is That which responds in the mutual embrace of Higher Oneness and it is this which Creator of All “Loves” and “Cares” so very much about.

This is the high regard in which Creator –and its creations in “mutual reciprocity” –holds Itself and Its creations. It is the dynamics of this impulse that allows what is to continue to be –and which lends a coherency and relative stability to that which is manifest and evolving.

It is an impersonal love that has no comparability at the human level and can be withdrawn if necessary. In order for 3d matter to continue spinning through

space, this powerful yet subtle bonding force serves as a type of “strange attractor”, one that can elicit a reciprocal response from even that which may appear to not be “conscious” of itself.

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It is this that I have as my greatest context, regardless of what high attractors I may identify with at any moment.

And it is this state that transcends all the dark forces and that transcends all the pains and suffering and conflicts that are experienced in this dark realm that is to be remade.

-ASK

The Three Fears

July 12, 2013

(Aug 19, 2013: edited slightly for errors and tangled tenses)

** Fear of loss of human body **
** Fear of transition from 3d body to higher level **
** Fear of being free **

Preface

These three fears are rooted in the mistaken presumption that one is a “human” rather than a spiritual being which is an aspect of a larger spiritual matrix that also happens to have a human host body in “3d”.

As to the first fear, I would say that it is erroneous for a spiritual being – human or higher level – to presume that the only way to gain individuated “3d” density learning is by through a human host body. (This is usually done by “crawling” into “3d” before, during, or following the human animal birth. Or by “walking in” to an existing body by agreement with its resident spiritual Self.)

The fixation on human bodily experiences has kept too many higher level/soul beings *in thrall* and *addicted* to an infinite range of stimuli derived from the human 3d Earth experience. Yet for all this, very little spiritual learning has accrued to the higher levels despite billions of human individuations on this planet over time.

This entire situation has led to the abuse of an entire planetary environment and its animal inhabitants and it has led to a type of self-abuse on the part of spiritual intelligences. This has also been amplified and co-mingled with the perpetration of further abuses by various levels of the Dark forces.

This insanity is being brought to a halt and soon. New “rules of engagement” will be emplaced. And through the “correction energies” much of the traumatic and petty memories from the 3d human-Earth realm will be removed. The higher level/soul beings that have been damaged through “excessive exposure” and involvement in the fallen sector will be helped and upgraded.

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It is possible to have a direct experience of density matter world without going through pain and suffering and delusions that the human level of Self experiences under an onerous state of separation and duality-conflict.

It is possible to have a human experience as a conscious spiritual being *and* to be in a state of higher Oneness. This applies to any form in the Earthly 3d, not just human or other animals and usually requires that the experience of short enough duration to retain conscious connection with one’s primary higher matrix.

But for a for a spiritual being to have a long-term involvement through an individuated human form requires a “next generation human”, one that is *not* subject to the problems of the human animal form.

The influence of biological decay, intake of matter, processing and excretion of wastes, fight-flight-survival behavior, bio-chemically driven animal behavior, etc., is overwhelming to spiritual beings. Under the circumstance of 3d Earth, this has been an important factor in the control over spiritual beings by the Dark. (Of course, limited animal experiences could always be available to spiritual beings, but under controlled circumstances with adequate fail-safes in place.)

One can transcend these limiting fears with a strong spiritual intention and focus.

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Fear of Bodily Death

Fear of bodily death is also cross-linked over to fears of the unawakened human Self that (unconsciously) equates ascension with bodily “annihilation” and therefore with “death”. So an unconscious push-pull dynamic can be set up.

The body-level lower self is closest to the bodily vehicle in every respect and is generally “tasked” to help carry the body through “thick and thin”. For the unaware or spiritually asleep human-identified-human self, there is little to no awareness beyond the emotional, mental, and physical stimuli of the body and its physical or social environments. “Death” is a social control meme that is an overlay upon basic survival programming of the lower self. “Death” to the asleep and 3d-enthralled is imagined as something to be avoided.

But even overwhelming fears of “death” are limited when the basic middle self or ego mind applies itself to resolve dilemmas of ethics, etc. Thus even at a common, basic level it is possible to override impulses of the lower self or obtain agreement from the lower self when faced with extreme choices.

Similarly, the spiritual self or higher mind/higher self can obtain the cooperation of the human middle self and its lower self. Something I have discussed previously, is that with a high attractor and attending to ones completions can free up additional energy for expanded states of being.

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Fear of the Transition from 3d to Higher Levels

Then there are the other fears about the process of leaving the body. These usually revolve around fears over unwanted interferences ranging from the influence of unresolved human-level beliefs to concerns about getting “sidelined” by Dark forces.

Influences from ones human beliefs are something that one can address, but being sidelined by the Dark may *appear* to be another matter. However, that is *not* the case. If one believes (and thus worries) about such things, then this increases the *potential* attraction from dark side interference.

This is quite understandable, although such fears tend to “attract” such problems, especially while embodied. In most situations there are various higher forces of ones own higher level being and other higher level beings which preclude such things from occurring. However, if there are strong beliefs from the human level of fears and doubts and if one does not attend to a conscious completions process, etc. then such beliefs require very close examination and a internal diagnostic run of one’s own completions process. Requesting help from one’s higher levels can often speed this process.

There is presently an enormous complement of higher Light forces to assist in the transition of countless Selves from the 3d levels to the next levels up.

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Fear of Being Truly Free

Fear of being “free” is perhaps a greater fear than most care to realize. This last point is a different sort of fear.

Having any “unfinished business”, no matter how trivial, forms the basis for new attachments and thus a level of fear can arise as one closes in on “completion” and procrastination creeps in.

One way of dealing with this is to simply look at this with detachment and consider that perhaps they may not need any more attention than the trash basket or “gift box”. And so one becomes freer.

Of course, in sudden or catastrophic situations attachment to those little “details” of human life vanish in an instant and perhaps never again exert any hold over ones ascension process. Strong beliefs are another matter and these can influence one’s process and directly influence one’s first stop over at the next levels up.

Attachments are also a matter of vibrational state and point-of-view. Something feather-like can perturb ones trajectory. Expressed differently, traveling at a high

rate of speed (“vibrational state”) like parasailing, a slight imbalance can alter one’s course. Yet at a slow rate of travel, like walking slowly, the same imbalance might have no effect.

How does it feel to be free of most human world obligations, “to-do lists”, wish lists, and other “unfinished business”?

Is there any “attraction” to having something left “to do”?

So you see, there can be a fear of being truly free when in a moment you look around and there is nothing to keep you from moving to a higher state of being and withdrawing from a lower state that no longer serves you as a spiritual being.

So many profess their desire to exist at a higher vibrational state, yet are most reluctant to apply some of the guidance we have suggested over time in attending to these points.

Procrastination seems easier and is a way to avoid being free of whatever may still tether one here.

Also, just because you are free does not mean you have to “leave” this realm immediately. It does mean that you are ready when you know that time is at hand. Meanwhile one can continue in a state of relative freedom and be here by choice, perhaps to further refine ones spiritual learning process, perhaps to gaze once more at the fall colors of the trees.

-ASK

*A “Catch-22”:
Fear of death, ascension is death (from 3d body),
therefore fear of ascension.*

Risks to Self, Risks to Your Higher Being

August 2013 (edited for minor errors on Aug 19, 2013)

One of the risks for staying “down here” too long for whatever the reason (unless Divinely directed) is that this level of “reality” will eventually become less and less accessible from the higher levels.

The 3d human environment on Earth has been hostile to spiritual transformation in innumerable ways. As the “corrections energies” filtering process both elevates and filters all, it also temporarily concentrates some of the Darkness. The more human and earthly attachment one may have, the more likely it is that you will be caught up in the lower filtering process. This is like trying to go through a doorway carrying luggage cases under your arms, etc.

This is only one of a number of risks to spiritual beings in human form tarrying here too long during the transformation process. Unless one knows otherwise, it is *not* to be assumed that you will be invisibly and efficiently yanked away from any one of many of those “incoming buses” at the last moment.

Enormous numbers of human level Selves will experience various degrees of pain and suffering and catastrophe. It is *not* some type of perverse punishment from “on high”, rather it is a final opportunity for fast and lasting advanced learning for your greater level of being from its 3d human density experience. It does not sound “fair” to a human self that is only marginally awake spiritually. But then to a limited level consciousness, it is incomprehensible that it even had the capacity for such choices to begin with!

There is also the risk of dissipating one’s spiritual energies. This is a human “as below” counterpart to the problem of dissipation at higher levels. I have previously cautioned about throwing one’s nascent spiritual energies away on social-political “causes” or “shopping” the eclectic new age “marketplace malls”.

There are other facets to this dissipation problem at the human level, and that is the loss of energy due to discouragement, anger, frustration, and physical and mental exhaustion which comes from living in a world that is fundamentally defective –spiritually, socially, economically, and biologically. This loss of energy to the human Self’s also has a lower level of correspondence to the basic tendency toward entropic decay of this world. And then there is the deliberate and unconscious parasitism of subtle energies by human and non-human entities.

More humans are experiencing a growing insanity from the stress of living within the collapse of an insane civilization that has been under the continuous

influence of spiritually insane human and non-human entities at various levels of being.

As 3d human reality slides faster into an abyss of no return, those Selves who carry a spark of the Light of Creator cannot assume their “homing beacon” will result in *instant* “rescue and retrieval”.

In addition, there is the risk to one’s greater spiritual being and to one’s human level Self to pursue misguided impulses to “survive”, despite all odds, etc.

To tarry in the “3d” vibrational range too long, acting as a clueless “seeker”, one runs the risk of being caught up in the morass of humans during a catastrophic slide into an existential abyss. This is partly the responsibility of one’s greater level being and partly the responsibility of the spiritually aspiring human Self.

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In more extreme situations, there may be little to salvage of the human Self as an ongoing individuation. This is analogous to cleaning and clearing and upgrading one’s levels of being below 3d. Some aspects can be cleaned and cleared and upgraded and eventually joined with one’s spiritual evolution and ascension. Some may not be salvageable, and some portion of your lower levels may need to be lovingly dissolved and absorbed back into the higher Light.

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Those greater level/soul beings that are stuck here, “glued” to their human levels, may find that following their reconstitution and clearing and upgrading by the “correction energies”, they may need to consolidate themselves into a simpler state of being. This is not unlike what occurs when a human self detaches and divests itself of all that cannot possibly serve one’s spiritual evolution and ascension. Imagine arriving at the doorway to a new world which you cannot pass through because your arms and hands are still attached to so much “baggage”. This principle applies to memories and energetic patterns and structures of your higher level/soul being, of which too many are too attached to stimuli of the “human game”.

This is the “last round” for spiritual beings who maintained a human presence on Earth to learn, to grow, to evolve, and experience 3d stimuli through their human host vessel. The quality of the spiritual learning acquired from this existence as a human self, at this time, is very important to the overall development of one’s a greater spiritual being.

While this is not the last opportunity in creation for such growth, for some beings with human presences, this has been the most (unintentionally) intense avenue for spiritual evolution, one that carried commensurate risk.

-ASK