

# Global Awakening News

*Commentary and Guidance for Enlightened Change During Rapidly Changing Times*

A-List Update # 21

## Notes at the Edge and Beyond

### **Introduction and Summary to Concluding Articles**

January-March 2013

Link to PDF of this *Update*:

<http://www.pfcn.net/Bulletins/Update-Jan-Mar-2013.pdf>

Link to PDF's of all "A-List" *Updates* and *Global Awakening News*:

<http://www.pfcn.net/nasum-bull.html>

~~~

*"What is most important, now more than ever, is your inner and outer "completion" as a spiritual self having a human experience.*

*With this comes the urgency of the high attractor –something that changes as your consciousness continues to expand and your higher self and your lower self become one.*

*In turn, this becomes ever more intimately involved with the higher Oneness.*

*... this may occur with imperceptible subtly at first, and yet in a moment, a greater awareness becomes you –and then some."*

~~~

## Introduction and Summary to Concluding Articles

March 23, 2013

Link to print-formatted PDF (full version):

<http://www.pfcn.net/Bulletins/Update-Jan-Mar-2013.pdf>

*Please note:* This overview and summary is also to be posted at the NES Forum. I am attempting to complete the concluding material (*Human Question, Queen of the Machine, Death and Transfiguration, and Problems of Dissipation*) and hope to send an email notice when these are ready, sometime in April.

Meanwhile, feel free to email questions or comments at ([info@pfcn.net](mailto:info@pfcn.net)) and I will consolidate these into one or two postings without any name attribution.

### Sections:

- Introduction *pages 1-4*
- Summary Notes from Forthcoming Concluding Essays *pages 5-16*
- Closing Remarks *pages 16-21*
- Appendix 1 :: Recapitulation of key points from our material *pages 23-27*
- Appendix 2 :: Recent NES Posts made since last A-List *Update pages 28-87*

## Introduction

Dear Reader,

This “*Introduction and Summary*” is an overview connecting major points from the concluding series of essays of our work. There is only a little overlap between each of the concluding essay as they are written to stand on their own. Given the length of time that has been needed to complete this overview, a short lead-in was written in parallel and recently posted at NES Forum titled “*Memorandum to Self*” and follow-up letter that covers some of this new material in new ways. <http://newearthsummit.org/forum/index.php/topic.1416.msg5991.html#msg5991>.

Over the years we have published a substantial body of work that has increasingly brought into focus the spiritual dynamics and larger changes that are underway. We have an online archive of all the material worth maintaining at [www.pfcn.net](http://www.pfcn.net) and soon there will be a second copy under the NES Forum.

A thoughtful re-reading of previous articles or essays may provide new insights for those who may have only read through once. What we have published builds upon previous content. I would suggest readers take advantage of what has been released, perhaps reading backwards beginning with most recent first, etc. These are all posted as print-formatted PDF's at <http://www.pfcn.net/napsum-bull.html>.

To those who have been paying attention, it is obvious that human civilization is ending and that there are no solutions to be found in human society for any of the profound problems of humanity. I have published much over recent years to explain this.

What is presently underway is profound and encompasses many levels of our existence. Looking beyond the immediate changes, it is very difficult to describe enough details of so many levels of complexity to make it worth the while to write or to read of it.

When ones' awareness expands and we let go of the inculcated habit of self-identification as “human”, it becomes easier to observe and feel these changes. It also becomes easier to *not* react in *any* manner, perhaps other than with a sense of increased fascination and spiritual learning.

-/-

I have been receiving thoughtful and deeply considered letters from individuals sharing something of their recent experiences with the new energies and raising some very interesting questions. Thank you to everyone who has written. And thank you to those who have been sharing their thoughts and experiences through the Forum. I would only caution against reporting too much private details in a public forum, and to reserve such details to personal correspondence or direct phone time.

There is so much that has already been presented which bears review and contemplation. Over the years, the material we published never lent itself to any type of mass appeal or quick “sound bite” approach. The content was written for those who are focused on spiritual evolution and as such requires a different state of awareness to comprehend the many layers contained therein.

It is getting harder for me to re-summarize and re-frame this material in private correspondence and so I encourage those with NES posting privileges to communicate through the NES Forum, unless it is private correspondence for me. This way we can share what is going on amongst us and clarify mutual concerns, etc.

It will be at the NES forum where I will comment from time to time. If there is anything of great new urgency, I will post at NES and use the A-List.

-/-

The material I am concluding with covers new ground and continues to address questions and problems that have been overlooked or avoided by various spiritual teachers.

I know that there are many who are undergoing profound changes in their consciousness and at many levels of their being –and in so many cases dramatic changes in their subtle and light bodies as well as their human cells. It would be foolish to assign any “calendar” timing to all of this as some “collective process” since it is becoming something that is so unique to each self. These changes *are* underway, but like ocean waves, their effects are most noticeable where the wave is breaking.

As always it is not about any absolute numbers. The breakthroughs for relative few, lead to more for the many –and one reason why focusing on your own spiritual evolution as a spiritual being is one of the most important “acts of service” I could imagine. This applies at your human and your higher levels.

A great bifurcation is underway between those who are caught up by the “correction energies” and spiritual transformational processes –and those who are not. This applies to human and to higher levels of being.

This bifurcation has a loose correspondence to the growing differentiation between this earth and a “new earth” of higher vibrational state. All spiritual selves will be taken care of eventually as will this entire planetary environment and all other planetary or galactic environments that have been infected.

The 3d earthly environment is a dead-end for those who continue to be caught up by a world of falsehoods and delusion. However, *all* are being given every reasonable opportunity to choose a path for themselves of spiritual life, spiritual evolution, and growth as spiritual beings first and foremost –even those who may presently deny all things spiritual in favor of material falsehoods. But this opportunity will be *not* be open forever in terms of this “3d” Earthly existence.

You may wonder what if one does not “get the memo”? As explained in various essays, external events will facilitate a shift from 3d embodiment to the next level where a transitional “space” has been prepared by higher level beings to aid the human level self and their higher self in this transition. To many it will appear to have some familiar elements from their formerly earthly existence.

We know many who consider themselves to be spiritually-minded –and yet are always looking for some sort of formal schedule, a deadline, or whatever it is they imagine they can pencil in on their calendar to alert themselves when to get “truly serious”. Meanwhile, they continue “shopping” the spiritual/new age “malls” and carrying on hoping, worrying, aspiring to a college degree, a promotion, or extended social welfare benefits, etc., always wondering if this is

the year they do not need to file their taxes, etc. Until one is truly certain of ones own human calendar, simply find ways to carry on with what is most essential, find ways buffer yourself from the disturbances of this world, and attend to your own spiritual intentions.

And then there is a version of a “null hypothesis” that no global catastrophic crises will occur this year or in the next few, and human civilization goes on as an extrapolation of present day tendencies into oblivion.

So, just for the sake of this exercise, what if? Why should this matter one way or another? So given what you know in terms of genuine spiritual knowledge and spiritual wisdom, does this change your priorities in your existence? In what way? Why?

-/-

A growing confluence of both environmental and consciousness changes will be stimulating more and more selfs to open up to a higher Oneness and seek their spiritual essence. As such, I continue to note indicators pointing to some major planetary changes from about now through the end of May. My interest in this (beyond mundane practical matters) is partly to assess the best of a range of near term predictions and partly because these sorts of changes play a role in shifting human and other levels of consciousness.

However, it is most likely that the larger transformation and ascension process will likely take some time to complete the course it is set on. It is my expectation and understanding that the human situation on earth is being closely monitored in real time relative to the larger ascension/transformation process.

There are already innumerable requests from many with *high spiritual intentions*, asking for help in leaving their human embodiment and it is my request and expectation that they are to be given specific assistance in this process. While I cannot say how this will be occurring and experienced at each individual level, in general, there is an upshifting and transfer of consciousness underway from 3d to the next levels up. This is described in this summary and in recent NES postings (“*Memorandum to Self*”). One’s truest focused intentions and choices do play a role in the process.

There are also many who may wish these spiritual changes for themselves, but who are not really ready as evidenced by always looking for some new “opportunity” for themselves in a failing human world, new schemes to “save the world”, or “shopping” the latest “techniques” promising “ascension”.

What matters most to you as a spiritual being having a human experience? How does your human self act upon that *Knowing*? How does your soul/higher self or true self respond? How are you attending to your highest intentions?

-/-

## Summary Notes from Forthcoming Concluding Essays

I wish to state again that it matters not whether there is expanded global war, planetary cataclysms, a global economic catastrophe, or whatever other extremes one cares to imagine for the near term future. These things are all most likely to be occurring, and soon enough, and there is nothing at the human level that can solve or prevent these catastrophic changes and the end of this civilization.

There are more than seven billion humans on this sizable planet and a large number can certainly “survive” as *self-centered, tribal animals*, regardless of whether ten percent or ninety percent of the population leaves their human embodied state in a short period.

None of this is about human “survival” and it never really has and never will be. It has *always* been about spiritual evolution of spiritual beings, not the evolution of 3d biology in a 3d world. And it is all about the “correction” of the entirety of a fallen sector and its transformation into the Light of the higher Oneness. Obviously, if one is anticipating catastrophic changes and wishes to give themselves some latitude in the terms of their physical existence, it would be sensible to be prepared for short or near-term disruptions. But there is nothing that can be done to “prepare” when it comes to the end of civilization –locally or globally. While one can buffer their transition with some weeks or months of food, water, power and other reserves, ultimately the only “preparing” is spiritual.

During a period of transition, where human selfs can find it in themselves to come together as spiritual beings in accordance with the basic guiding principles such as “trust, caring, and service” within the larger spiritual Oneness, then new possibilities for existence present themselves.

There is no future calendar date that one can plan ones human existence around, not unless you control your own time here, in which case you already know such concerns are irrelevant.

*To spiritual beings*, existence in a human form is *not* about propagation of genetic material, inheritance of material wealth, preservation of human memories, or of the survival of the “human species” as a whole. It has never been about this. Only those who became “damaged” or corrupted in the course of repeat experiences here in 3d could come to accept such distortions into their fields of consciousness.

Short of the obvious extreme (like the Earth being enveloped by the Sun, etc.) the main question always bears upon a singular point: What, *as a spiritual being*, have you learned at your human *and* higher levels? Closely related to this is the question of higher spiritual attractors for your human *and* higher self levels.

The learning and the attractors are all relative to the moment one is considering such things, and relative to the state of ones evolutionary development as a spiritual being.

The concluding series includes the following articles:

The “*Human Question*” came about from a decades-long ongoing examination and re-examination of the potential and appropriateness of extant humans as a vehicle for spiritual intelligences to learn and evolve through. This process required examining how things were in the next levels up from human, which in turn required examining more of the state of the souls and higher level beings that were hooked into the human level of awareness.

The “*Queen of the Machine*” essay came about from explorations of the energetic spaces underlying 3d and from assessing the state of the “correction energies”. The implications of the situation with levels below 3d density have yet to be explored enough. Perhaps it will be answered *post-“corrections”* by those who have learned the most from this demented realm of existence quaintly referred to as “3d”. My preliminary observations are that there is evidence of a primary or primal root template that has been suppressed and distorted from the inception of all that the Dark manifested or eventually dominated. When the dark side machinery is removed through the larger transformation process that is underway, then what remains?

“*Death and Transfiguration*” emerged from over a year of contemplation of the state of the ascension process and those at their human levels who had an affinity for this. Background to this probably spans most of my human lifetime here and my knowledge that true life exists without any need for a conflicting duality and the illusion of “death”.

“*Problems of Dissipation*” developed through the consideration of the larger questions of the relationship between higher self/higher level beings and human self and the seeming inability to meaningful influence changes at the human level. This touches upon what I have come to regard as a second flaw in the greater creation process.

-/-

I often write about the patterns of “as above” and “as below”, and I strongly suggest taking notice where you find congruence between such *relative levels* of being and consciousness. They are usually in close relationship and the connection between them runs both ways.

One example of this is between the human self level and the higher self or soul being levels. Another example is between the higher self or soul levels and higher

realms in creation. Even in the human realm there is a similar relationship internally between the unconscious or lower self and the human personality self.

Similarly, within the limited human social sphere, there is a mass consciousness lower level and a higher or elite level, etc. And in all these relationships, there are many subtle gradations.

-/-

Looking back in time to the origins of modern humans, there would be the first human bio-vehicles that would come to house spiritual intelligences over all or most of an individual human life span. (Much of this is discussed in the March-July 2012 A-List Update - <http://www.pfcn.net/Bulletins/Update-March-July-2012.pdf>) The precursor species to “modern humans”, were the result of genetic engineering by what we would call today “alien” or ET visitors who sought to make Earth a new outpost or headquarters.

Without trying to explain the details, these “visitors” required a new type of body, one suited to self-maintenance and reproduction in the Earth environment. These were beings from far away, ones who were already a part of the fallen sector of the Dark, and who had already made a mess of things in the levels of density in their home worlds. (I find it more important to consider the true essence of these “alien” colonists to Earth and not get caught up in various rumored descriptions of “heroic” exploits of their 3d corporeal forms. In effect they were 3d level agencies working on behalf of the Dark.)

These beings introduced their habits and preferences to “their” Earth humans, including social stratification and political control systems. (I use the term “their” since they very much looked upon humans as something they created for their own purposes.) Humans who showed the most promise as leaders and technologists were trained up accordingly. A very select few were introduced to more esoteric matters of spiritual consciousness and energy –also in a carefully controlled manner.

The higher “gods” of these beings were part of the dark creation hierarchy. These “gods” were the same ones who, in their demented state, believed that they were the only true creators and it was taught to humans that there was nothing more or greater than they. This has been the source for much of the traditional religions content as well as modern “alternative” or “new age” ideas.

The “revised” human vehicle was one that would reproduce itself and that would be subject to its own biological imperatives. As a civilization, humans would be subject to the imperatives of their “gods”. Eventually humans became too numerous for direct supervisory contact and the local “gods” withdrew to their preferred retreats on and off Earth and shifted their influence through their preferred bloodlines and their designated “priesthoods”.

Humans began as *tribal-social animals with a capacity for self-centeredness*. Over time, through distorted beliefs that they were implanted with, humans came to be *self-centered social-tribal animals*. (Here I am making two distinctions in emphasis: that of “self” and the tendency for “social” to be primary over “tribal”; but as civilization breaks down ever more quickly, “tribal” will become once again primary over “social”.)

In short, humans were made and taught by orders of beings whose societies and essences were already decrepit and corrupt and were based upon conflict-duality consciousness and the separation from the higher Oneness.

Now consider that at first there were relatively few humans –and thus a limit to how many essences of the higher self beings could reside here through a human host. In the early days, various beings would come in and out of a human’s consciousness, thus more than one could partake of the extensive sensoria of 3d experiencing.

Eventually there were many more humans available for various “spiritual intelligences” interested in having these human density level experiences. Many beings of the higher Light were intrigued as well. The more humans on the planet meant more higher level beings could have 3d experiences –and the more potential prey for the Dark forces.

However, tendencies toward *dissipation* (which we discuss in the companion articles as part of a “second flaw” in the creation process) is a problem that affected those of the Dark and of the Light. This led to too little connection over time between a higher order being and its human aspect. This also meant too little was learned from lifetime to lifetime. So little, that it was relatively easy for higher beings with human presences to fall into a type of lassitude with regard to activities in 3d. This was compounded by a tendency toward a *dissipation* of consciousness.

This problem becomes enhanced by a buffering effect between what is experienced in 3d and what is really noticed “higher up”. From the point of the view of the higher self, the human level tends to be somewhat “dream like”, comparable to the type of surreality that the human awareness experiences in its ordinary dreaming periods. This “buffering” effect closely relates to a lack of real time learning by the higher levels from their human presences –and a vibrational state in which somatic and emotional occurrences in human 3d has a delayed and lessened impact at the higher levels.

Now let us imagine in the “early days” that a higher level spiritual intelligence had little or no direct experience in a 3d density world as a human, or anything else. In other words they knew little to nothing much about the “operating rules” of such an environment, one populated with plants, animals, minerals, arrayed on land and water and air. And they certainly had little to no understanding of

how the Dark operated this system and nor of the risks they were taking in coming here under such circumstances.

What have these (mostly naïve) soul or higher beings learned from their cumulative human experiences? Not much, or not enough, I would say. They were learning about conflict duality and experiencing something of the sensoria of pain and pleasure. They were learning the paradigm of beliefs and behaviors that the originators of modern humans established as norms. So imagine these higher level beings with very little (if any) 3d density experience coming to experience what they could from a human-Earth existence. What were they uploading –sifting through these experiences and taking in to their own spiritual matrix of learning? I would say, mostly a diet of “junk food”. Where did this junk food diet originate from? From the fallen races that set up the “virtual reality” space of Earth, complete with a distorted and skewed biology and “nature” that would reproduce all manner of parasites, predators, and pathogens.

And this problem continues on to present day. This was “density reality” as far as most would come to know. But it was a distorted view of a distorted reality maintained by a distorted level of creation.

“Garbage in, garbage out” as humans say in their computer tech world. It is an “as above” basis for much of the basest addictive behavior in the human realm. (As an aside, one of the earliest non-religious expressions of the “corrections energies” in the modern period was the concept and practice of acknowledging an addiction and ideally “surrendering” to a “higher power” beyond “self”)

-/-

Into this already compromised situation, there is a tendency toward “*dissipation*” which can be compared to an “as above” version of 3d entropy.

Consider the effects of ten, one hundred, ten thousand or more, human lifetimes being experienced through various aspects of a higher level being.

It may be difficult for some to see this directly, but to the higher self levels, the human state has a “dreamy” surreal quality to it, just as ordinary sleep state dreaming typically tends to have a surreal “dreamy” quality to our ordinary human self.

Now consider possible effects of memories and sensoria from the human experience distributed through all these aspects –with no way to integrate what has been learned through all these experiences.

And so there has been more “experiencing”, more emotional excitements, one lifetime after another, like a “glorified” Greek tragedy/comedy or “virtual reality game”, but with very little spiritual learning. All these human lives, each unique, yet all so much the same in a distorted world of limited joy and happiness, one

rife with conflict, parasitism, predation, and decay. A world build upon falsehoods and projections originating from demented creator beings, was set up and “co-produced” with countless human and other selfs over time. And for the vast majority, they have had no reliable line of clear communication to their own or other higher realms.

So, are you “*The one*”, this time around? “*The one*” to help provide the needed spiritual perspectives for your higher level being you are connected to?

Are you “the one” to say to your higher level of being: “please stop” participating in this error and aberration of creation?

Most human selfs however are not “spiritualized” in the sense they are enthralled or distracted by the mundane and lack the capacity to focus on their evolution and ascension as spiritual beings. Human selfs who are “spiritualized” have an expanded direct awareness beyond their personal human self, and find reconnection, guidance, insights, and more with their own higher self and other higher level beings.

At the root of this *dissipation flaw* may have been a “simple oversight”. But it led to an insufficiency of a crucial dynamic that could have balanced the descent of higher spiritual intelligence into increasing density and increasing individuation.

This “failsafe” dynamic counterbalances the descent into individuation and density with a corresponding greater mutual attraction with higher Oneness of the originating higher being. In short, it is like a bigger or additional “bungee cord” for risky situations such as 3d humans on Earth.

A great lie was perpetrated among humans which misinforms that their *perceived* “separation” and *perceived* “abandonment” –which immersed them in a depraved duality of the Earth realm –is according to some “divine plan” or the “consequences” of some “karmic law”. I wonder at times how much of these distortions percolate up into the higher level beings awareness? And to what extent it influences their perception of the lower realms of human 3d, etc.

All of these factors contributed to a tendency of the higher self/soul being to lose track of their aspects that had been immersed in the human realm and for their individuations to become adrift in astral or lower realms. This facilitated an increase in separation between the human self to ones greater being and an increase in separation between ones greater being from its Source.

In *non-duality* space, this situation does not generally lead to serious problems given the self-regulating capacities of higher Oneness. But when interacting with the fallen sector, it made it easier for the Dark to exercise control, and more difficult for those of the true light to maintain the needed lines of communication to local or higher Source.

In short, this is one of the underlying reasons why the correction and ascension process has taken too long and why there has been so much misdirection and misunderstanding extending into the higher realms, beyond even the fallen sector.

-/-

There is a process underway for the withdrawal of the higher level/soul beings from the human earthly realm. There is a small portion that are too damaged or who refuse to leave, and there are those spiritually evolved who are staying as long as appropriate to help facilitate the larger transformational process.

This is going on at the same time there is a descent of the higher realms –the supramental –into the higher self/soul beings and their human levels to whatever extent possible. This is necessary to facilitate the larger transformation process and the separation of the higher Light from that which is not.

Short of annihilating all human embodiments, the process requires careful coordination among those spiritual levels which are most involved. Done hastily or prematurely, there are dark entities will be eager to take “possession” (even if temporarily) of an available human form.

-/-

At this point it might be useful to consider the future of the present version of “human”. Understandably, there is confusion on this for those attached to their human form. Without their higher levels “online”, “the end” of this human race is nearly unthinkable at the ordinary level of human awareness. But when one shifts their attention to their next levels up, much more of this becomes identifiable –as it will to vast numbers and soon enough.

Not only are present day humans *self-centered social-tribal animals*, from their origins they have been made to act in the manner of the Dark, to engage in parasitic and predatory behaviors on one another materially and energetically, and to do the same with the material and energetic realms of “nature”. If given the opportunity present day humans would spread this “disease” beyond Earth and throughout the galaxies, just as their progenitors did.

-/-

Those spiritual intelligences that have been projecting and experiencing through human forms are being asked to withdraw to their own higher centers of being to process what they can as part of their development as higher order spiritual beings. In short, they are being helped to “get their act together” and to heal (correct) what must be from prolonged exposure to the fallen realm of the Dark. The “corrections energies” and its higher level agents/agencies are assisting in this as part of the larger ascension and transformation process underway.

-/-

A great contribution to spiritual evolution is the making of a new human species that is a *spiritual species* first and foremost, one that could be a functional living bridge between individuated spiritual consciousness and the denser levels of creation. This is discussed further in the forthcoming essay on the “*Human Question*” and has been touched upon in various previous essays.

-/-

Meanwhile, changes to our planetary environment will accelerate the end of this civilization and the end of this version of the human species. Much care is being taken by higher spiritual intelligences to help the emergence of spiritualized humans with reconnecting to their origins as spiritual beings. It is a complex situation.

Human selfs who “wake up” to their spiritual nature can also influence this process, one which is intended to give just enough “time” for many to reach some threshold of spiritualization. All this is part of the dynamics of “quickenings” that leads to an ever-growing capacity for expanded awareness. This process continues to unfold for the self after leaving the human body at the next level up.

-/-

Erroneous human level notions of “death” are increasingly being questioned, partly due to a growing awareness of “near death experiences” –and partly due to the tendency for the consciousness of the self to desire continuity beyond “death” from the body –in effect, to truly live as a spiritual being, even when this is an unacknowledged high level desire.

So what is “life”? Most ordinary human notions “life” are too bound up with a false state of being that is held back through social interactions and false beliefs. True “*consciousness*” has nothing to do with brains or mechanistic views of biology.

As long as we live in the “reality of falsehoods” –or be dominated by its memory across many lifetimes –the human self will never have any genuine motivation to evolve as a spiritual being. With rare exceptions, we lose that fundamental drive, that forward momentum, to evolve our consciousness and thereby lose the greater evolution of ourselves as a human species.

-/-

As a simple objective question, when the false (Dark) reality is removed, then what remains? Conversely, when the true Light is extricated from this realm, then

what remains? This double question is applicable to your own consciousness as well as to that of the cells of biology and matter itself.

-/-

There are many who deny spiritual life, sometimes cleverly imagining themselves to be clever ego-selves and proudly atheist or agnostic, until one day, in a moment of catastrophic personal crisis and desperation, they will suddenly look beyond their narrow self-centeredness and ask if there is a higher power, a higher consciousness, god, etc. This dramatic and sudden “surrender” or opening occurs a plea for help in the hour of perceived greatest need. This dynamic can also be applied to humans collectively.

For the higher level of corrections and spiritual evolution to proceed, humanity as a whole and as individuals *will* face catastrophic and collective crisis, ones that no political, economic, religious, science group or organization will be able to solve. Perhaps it will be in that moment that greater masses of human selves will turn away from a failing existence based upon falsehoods and open to the spiritual dimensions and the higher Oneness. It is my sense that those who transfer their consciousness to the next level up will certainly be most aware of this.

Human-engineered catastrophes aside, it will be the escalating changes in the planetary environment that will do the most to remove everything that humans have come to equate with “life” and “civilization”. A confluence of global-scale events, will involve everyone, and everyone involved will have little to do but reflect upon and choose what is truly most precious to their true being. In such moments, opening to higher spiritual consciousness occurs.

The response to this will be surprising. For most though, it will first require a catastrophic crisis of overwhelming enormity. That is simply how it is. There is no judgment, no shame, no blame. This triggers a “surrender to a higher power” – that of true Source and ones true essence of being, and the supramental. At the very least, it triggers an initial openness to all of this.

That is often all that is needed.

Some who are catastrophically removed from their embodied state often find themselves joyfully free in an expansive state. Others may be excessively burdened by their beliefs implanted from their human level that delay their entering into a more expanded state of awareness.

-/-

For additional discussion on the upshifting process and separation/evacuation from 3d, I refer the reader to the essay “*Memorandum to Self*” and its follow-up comments:

<http://newearthsummit.org/forum/index.php/topic,1416.msg5991.html#msg5991>

<http://newearthsummit.org/forum/index.php/topic.1416.msg5995.html#msg5995>

Excerpts:

... “A few years ago we described various modes for ascension that would differ for each being. These descriptions still apply. One of the modalities described was an upshift to the next level up for some or all major levels of spiritual consciousness and being. A simplistic example would be that the consciousness that is presently identified with 3d “you” would shift up to another level. While still embodied in 3d, there would be a 4d version busily learning, engaging with others, preparing an interim “home”, etc.

Some portion of human selves will shift their main energy and attention from 3d to the next level up for themselves, eventually withdrawing from their former 3d level.

For so many, this provides a newly elevated perspective that reveals more of what is fundamentally wrong with 3d and that provides deeper insights into the problems and circumstances of ones higher level of being/soul self.

This is the closest scenario I am aware of that approaches certain notions of “mass evacuation” of much of the human population from Earth.

I must make a clear and unequivocal “*disclaimer*”: I am *not* saying in these follow-up comments what is certainly going to happen for most. What I am saying below is my explanation of something that I anticipate could occur for a large number of human selves.

While this upshifting is occurring now for some and I have no doubt that this will be occurring for many more, I just do not know how –or if –it will play out for a very large portion of seven billion human selves. But as of this writing, I do not see why it would not be workable in principle. Much has been done to prepare major “pathways” out for 3d and the time for their use is coming soon enough.” ...

Note: “*Memorandum*” was written in while this current *Update* was undergoing a prolonged editing process.

-/-

Until recently, we have not discussed much of the lower levels to reality. In looking at what underlies matter and that of the cells of biology and beyond, it appears that certain templates for certain planetary and types of life forms remain once the oppressive dark influences and contaminants are removed via the “correction energies” and the overall transformation process.

It would seem that when this template of “*primary origin*” is freed from its fetters and can “breathe” on its own, it has an awareness of this change. I may refer to this as a “revolt of the cells” and the “revolt of matter”. It is yet one more indication of certain templates of the highest Divine archetypal levels withstanding the greater transformation process.

One of implications of this is that it may be possible that something of 3d world can be corrected or resurrected from the Dark. But this is not our concern for now, it is not something that any human self can act upon, pray for, desire, etc. I simply mention this now as a consideration that exists in the higher realms responsible for the larger correction/clean-up of the entire fallen sector and related residual influences.

Relevant to this process is the possibility of some of these lower levels of existence which we have referred to before as “1d”, “2d”, etc. to dissolve away. As to how much of “3d” “goes away”, that is something that will not be known until the moment arrives. In this regard, one can say that there is a large-scale overview guiding all of these changes that is constantly monitoring the situation. In the case of 3d, the overall upshifting of spiritual consciousness from 3d to levels above will play a role in how 3d vibrational reality is changed specific to Earth as well as the larger region of creation that fell under the influences of the Dark.

In certain instances there will be a pristine template available for spiritual intelligences to “wear” as they (begin anew to explore a “creation made new”) and its levels of density or vibration. In other words, as things were meant to be.

A somewhat different approach is underway in the new creation matrix –there are pristine new beings there, elements of the mind of Creator of All, and they are joined by a few other beings who have “been around” and know how things have gone –including knowledge of the lessons from the dark and conflict-duality space. In this new creational space, everything is being handled from a higher level toward increased individuation and with no hurry to manifest a new version of some 3d vehicle for individuation of their spiritual intelligences.

Presently, this is of little relevance to the situation here for most. However, it is relevant to those spiritual beings who reach a point of higher level alignment amongst themselves and in accord with the higher Oneness. I bring this up here simply to plant a seed with those with whom this has some “relevant resonance” in their expanded awakening as spiritual beings.

It is my sense that most of this will be taking place initially on the “new earth”, one of a higher or finer vibrational state that it will become the primary residence for spiritual intelligences interested in the start of a new “creation garden” that is directly part of the higher Oneness.

The 3d Earth we are presently familiar with will need extensive “renovations” and “cleaning”. I suspect there will be those spiritual intelligences who will be properly prepared to assist with this, including ones who are well familiar with the problems here.

A comparable process is going on in the new creation matrix –there are pristine new beings there, elements of the mind of Creator of All, and they are being joined by a few other beings who have “been around” and know how things have gone –including knowledge of the lessons from the dark and conflict-duality space.

-/-

## **Closing Remarks**

First and foremost, the process of separating out the true Light from “that which is not” will continue at an increased pace and increased thoroughness. This applies at all levels from higher level beings all the way down to material 3d reality and its “basement levels”. It is possible to experience something of a dissolution ones human existence in terms of consciousness as well as physicality. How this is experienced I cannot say since there is too little to go on, as I have only recently become directly aware of it.

The implications of all of this are immense and make it even more important to pay very close attention to your own levels (*plural*) of consciousness and to your own human cellular systems.

Obviously if one is still lost in the “miasm of the mass matrix” none of what we have been discussing has much meaning –not until the individual human self hits a “wall” of “catastrophic existential crisis” and opens to or surrenders to the Divine.

Those soul beings and other higher level beings that have human and other presences here are being asked to withdraw from 3d. Certain ET/alien interests and their various hybrid and other “projects” are also being asked to leave. These efforts are mostly to prepare all levels for the likely mass departures from the human level due to a growing confluence of regional and global catastrophes which will make human 3d existence unsupportable.

An exception to this would be those who are designated as “ground level support” in 3d and those engaged in other related “experiments” in the descent of the supramental.

If you are not yet sure of your place in all this, then your “higher attractor” and higher level re-connection becomes ever more important now –and continued patience with your own process.

Readers here would not likely have a “panic reaction” to any of this. Rather, this might be a source of peace and further encouragement to pay the closest attention possible to one's own spiritual process, more than ever. It is after all, what it is all about for “spiritual beings to be having a (3d) human experience”.

As an increased reconnection with our higher levels is occurring, first for a few then a few more, a cascade effect occurs –as more of one's spiritual true nature will come rushing in. This is part of the ascension process. The outward or external effects of this in 3d, however, may not fit “new age” notions of a “heaven on earth” or those of the dawning of a “golden age” “on earth”.

Do not look outside or around you for “answers” or approvals, stay focused within and to your true nature as a spiritual being.

-/-

Knowing that it is not likely that all the higher level or soul beings can or will comply (and some are too “disabled” to comply), global cataclysms which are part of the general cleansing of this planetary body will, over some period of time, oblige such a withdrawal by limiting opportunities to reside here in human forms. The impact on *ordinary* human life (and death) will further stimulate personal catastrophic crises of an existential nature. This will even affect those who are “hardened” survivalists.

It may be necessary to clear away life on earth (and with it most all of the artifacts of human civilization) in preparation for a new seeding of the planet with a new type of “life” that is more suitable to a birthing center for new creation-level intelligences. That is, if this is still deemed necessary or desired by the higher realms of the higher realms of Creator of All.

There are higher level beings responsible for monitoring this and ordinary human level speculations serve no useful purpose.

At a human level, it is possible to “live” (exist) in a spiritually conscious manner – as if each day is both your first and last.

I will say again, that the *overall* power of spiritual consciousness at the human and next levels up has increased dramatically. To some extent this is due to the very large human population base (1% of a very large number is considerably more than 1% of a small number). To a larger and more significant extent, this is because the overall levels of reconnection achieved is a bit like having a 1% of a given class achieve far beyond any measurable scale compared to the bulk of the larger class which operates at a lower average around D-minus. This naturally tends to extend and open the theoretically achievable overall range for all. This is analogous to world record athletes of today exceeding the world class records of recent decades or century past.

-/-

With regard to the withdrawal of the spiritual beings from their human vehicles, there are those who might not agree with this, especially from a human point-of-view, and so I reiterate my concerns from previous essays that leaving humans to their own devices would be an act of spiritual irresponsibility by the higher realms. (This is partly due to the built-in crude atavistic tendencies of present day humans and partly due to the potential for a new form of dark force separation to develop.)

The problematic situation of humans on earth is *fundamentally* not due to the humans, per se and is directly traceable to their inception, their creation, and their furtherance to the present day under the rule of the Dark.

The human self –the “you” which is reading this –is not your body or a set of social projections and reflections –you are the result of the stimulus of a spiritual intelligence that became you prior to or following your infant birth. In other words, if you choose, there is more to look forward to of a more expansive spiritual nature beyond your human 3d existence.

As mentioned earlier, there will be those beings who maintain an earthly presence here during much of this process of great change. They will do so as long as it is appropriate and tolerable to their earthly presence. It is also likely that most or all will be in something of an ascended state, perhaps even of a supramental state.

-/-

It may be that the 3d Earth, as one of a small number of very special birthing centers located in The All, has served its purposes, albeit in unexpected ways and beyond any expectations of the Original Intent and despite the interference by the Dark. If this is the case, then you may congratulate your own spiritual essence, your own spiritual being, for having been a “participating witness” to this astonishingly penetrating spiritual learning of the highest levels possible.

The actual future role of this Earth hinges upon the outcome of the present “cosmic corrections” process.

Too many human selfs have been lulled into attachments to a false or distorted “sacredness” they attribute to “nature”, “Earth”, etc. The long term future of this planetary body as a cleansed and upgraded density level environment may continue, but with certain strict provisions. It is possible that no spiritual intelligences will be allowed to enter this level of existence without having passed through suitable training and accompanied by a guide entity capable of extracting them if necessary. Thus, Earth at its density level and perhaps extending into a higher range as well, will be quarantined while ongoing changes are made with the planetary consciousness and its diverse environments biological, and other

life forms. This is one likely scenario that I am aware of. Simultaneous to this is the ongoing “corrections process” to the state of the higher beings and souls which have been so involved here at a human level.

-/-

The “new earth” that I know and have referred to is one of a higher vibrational state than the version of “Earth” which the ordinary human self is most accustomed to.

The overlap of these two realms was maintained much longer than expected. I imagine there will be some “bridges” maintained for a while to convey the last ones out before the rest of the renewing, reconstituting, and restructuring process is underway.

Early on around 1995 I made watercolors and drawings of two earths overlapping and then separating out to become separate vibrational realities. This separating out may well be the basis of various visions of an “earth” with various spiritually sentient entities leaving this solar system.

The pace of this parting or undocking seems to be increasing and my remarks about the state of the “great bifurcation” parallel this process. However, the “bifurcation” I refer to is much larger than merely this earth or galaxy, etc. – it is more about the larger transformation of consciousness at all levels of which human 3d occupies a narrow vibrational range.

Previous articles on “*New Earth*” from 2007

<http://www.pfcn.net/Bulletins/GA%20Aug-Sept%202007%20edition-New%20Earth.pdf> and <http://www.pfcn.net/Bulletins/GA%20Aug-Sept%202007%20edition%20-%20New%20Creation.pdf>.

From December 2009 on a New Earth on a new trajectory for Earth...

<http://www.pfcn.net/Bulletins/GA%20News-Dec2009-NewEarth.pdf>

-/-

I would like to close with the following, especially given the focus and spiritual depth of readers:

“Quasi-ascension” with an embodied state, is part of the larger ascension and transformation process. Those who are aware of this and who are experiencing this know that it is not really about their human body, rather it is all about the full reconnection of spiritual consciousness with higher Oneness. We have discussed this before, but it bears emphasis.

Those who are presently at the leading edge of changes are most aware of a mutual connecting in their human level with various levels with their higher

being and beyond. As this process proceeds, there are energetic and conscious demands upon the cellular structure of the body, its subtle bodies, and one’s higher-level light body. These cellular changes are a response to requests to increase the energetic *capacity* at the denser level human body, which in turn makes it possible for more of the higher level to descend. This is an important part of the ascension and transformation process and separation of the true Light from the “mayonnaise”. And for some, it is one of the ways to allow them to consciously leave the 3d realm when they are ready.

For some this ascended state of being may be relatively brief in Earthly time, for some it may be more extended. When one gets to this point of expanded awareness and reconnection, one finds they have a greater measure of influence over the terms of their having a presence in human form. There is no one single stepwise path that applies to everyone.

To what end is all of this? Other than to state that there are massive changes underway within this Creation, the details cannot be known until they begin to present themselves to those most aware and attentive to these processes.

The work of the *descent* of the *supramental* consciousness of the Divine or Creator of All has been underway for a very long time and has been moving into 3d density at a very rapid rate nowadays. This is part of a high level process that has been worked out to support the “*prime directives*” of separating the Dark from the true Light and for maximizing the opportunities for all concerned to learn and evolve as spiritual beings from all that has transpired in the fallen realms –and that this process of “*correction energies*” is reaching into the levels of density at the human level and below and beyond.

In addition to the primacy of extracting the true light and gaining the most in spiritual learning, the various aforementioned problems have complicated the entire ascension and transformation process. None of this is has ever been a simple matter of some fictitious “god” flicking a switch somewhere.

Changes in the planetary environment in the very near future will hasten the end of human civilization. The extent of the “*catastrophic existential crisis*” will compel vast numbers of humans, *regardless of any* of their beliefs to open to the higher Oneness. The growing collective response stimulates this even more at the personal level. It is in that very moment of surrendering to higher spiritual power that so much can pivot and change for the human level of consciousness and its corresponding higher level self/soul being.

If anything might be regarded as a “global awakening”, this would be it. Interestingly, it might not be an externalized event for ordinary 3d human awareness. This enormous opening to the Divine could be occurring at the most extreme and final moments of existence for countless human selfs of a planetary population of over seven billion. We are in a period of ongoing waves of the *transfer* of spiritual human level consciousness into the next levels up. The

confluence of extreme changes might take a few to several years to complete. Or not.

From the “*Memorandum to Self*” essays: “*It is my sense that some will witness with considerable detachment, from their next level up, the end of the existence of their own 3d bodies and the end of human civilization. This is the closest operational description I have for what be likened to a large-scale collective near-death experience (NDE).*” ...which, I might add, would lead to an enormous leap in spiritual learning at all levels, especially those most focused at the level of human self.

Through these pages and previous writings, we have tried to equip readers with a good understanding of this “end time” situation, its background, with which to make spiritually-informed choices for themselves as spiritual beings.

There is no one single pathway for these major changes to our consciousness and vibrational range of being. There are new ways to explore lower density, working from the lower levels “up” and there are new ways, working from higher levels “down”. And there will be movement into a higher unified field that in ways that cannot be described.

I wish everyone their very best and highest!

-ASK (Alex Kochkin)

-/-

## APPENDIX 1

### Recapitulation of Key Points

First and foremost, the “fallen sector” of creation is a region dominated by the Dark, a consciousness resulting from a serious error or *primary flaw* in the process of giving birth to new creator beings. The domain or space of Creator of All, The All, is permeated by higher Oneness that operates according to non-duality. The Dark operates according to duality, “conflictual-duality” which includes parasitism and predation. Chaos and conflict as well as order and control are all tools of its domination.

The problem of the Dark, a hostile and anti-Creation force, became so great that various forces of Creator of All were obliged to engage in a massive redirection of energies to address this “disease”.

A *secondary flaw* occurred which leads to a tendency of dissipation and entropy of energy and consciousness when the connection with the higher Oneness is insufficient or somehow limited (such as in the fallen sector). The “corrections energies” is a term we have been using to refer to an extensive effort from Creator of All to complete the *undoing* of this error and to remove the hold the Dark has on that which originates from Creator of All.

-/-

As always, the changes we are describing for humans are not about absolute numbers or percentages like some game scoreboard.

It is about spiritual growth and the qualities of what is learned and applied across the spiritual domains –laterally and vertically.

This is essential for the spiritual evolution of creation as a whole as well as the individuated spiritual beings therein.

-/-

This Earth has been one of a small number of “outposts” in which to incubate a new type of spiritual being, one that bridges the non-duality of the Higher Oneness with the focus and diversity of individuation. This “plan” or higher intention was grossly interfered with by the Dark and their agencies in the formation and subsequent “upbringing” (downfall) of the human species thousands of years ago.

-/-

In pursuit of energy, specifically the energy of the light from of Source, the Dark needed a self-replicating vehicle that had the potential toward self-centered individuality –and the capacity to acquire and cognize spiritual consciousness. In the case of humans there was a double agenda –one was something of a trap to acquire control over soul beings by hooking them into a human host vehicle –the other was to provide a means by which the Dark could intertwine itself with the higher Light. Along the way, the Dark made its own versions of soul-like individuations that it could use to directly inhabit a human host.

Along the way it was discovered that some spiritualized human selfs have the potential to form a nucleus for a new type of spiritual being. This may or may not involve their initial higher self matrix. This complicated the extraction of the true light without destroying the learning that had taken place which could help train up and re-organize the soul beings into a more coherent and integrated whole, and help those spiritualized human selfs to continue their existence and learning at a new vibrational state.

-/-

These latter stages of the “correction energies” are what some could term a descent into density by the highest practicable consciousness of Creator of All, or the “*descent of the supramental*”, as Mirra and Aurobindo referred to it.

At some level, what is behind and impelling the “correction energies” has looked to me to have the consistency of the clearest and most viscous fluid with a most sublime pale gold hue and a suggestion of amorphous crystalline-like patterns.

Some will experience this in a most beautiful and grace filled way. To others, its “pressure” will be shattering to the illusions of human “being”. As it becomes more visible it looks like these new stages of the “press pot” will not take too much longer to go through as they seem well underway as of this writing.

The “correction energies” are also working on our higher levels of being, soul beings, etc.

-/-

At the human 3d level, the situation continues to be very difficult as there is too much associated by the human self (even spiritualized human selfs) with physical form, the human personality and its socialized consciousness, etc. These are not compatible with the correction energies. Not surprisingly, at the levels of higher self, soul, etc. there are “issues” unique to those levels.

There is no true freewill at the human level of self –not without a strong spiritual connection to the higher realms and ones higher level being.

For those who are most focused on ascension and transformation and becoming restored to their true nature, it is becomes even more essential to cease thinking

as a human and *not* allowing oneself to be dominated daily by social and mundane human concerns.

Those who are heavily socialized into family or personal networks will have a very difficult time of this, unless their network or family are similarly aligned and focused. It is possible to go through the necessary motions of human life yet not be dominated or controlled by these things. If the choice is to be carried along by whatever processes are unfolding and remain interactively connected in the ordinary world, then that becomes a conscious choice. However, such a choice does not exclude or preclude being involved in this enormous ascension and transformation. It does mean, though, that one must be extremely conscious about every action and interaction.

-/-

A substantial interim energetic space, free of interference from the Dark, has been prepared to help in the transition of so many human selves from their formerly 3d embodied existence. This goes along with mounting pressures on human consciousness, human society, the human body, and the entire planetary environment. This “squeezes” many to move upward into a higher state of awareness and being. For most it will be a vibrational state that is as some familiarity to their ordinary human existence. This is the gentlest way to handle much of the exodus from 3d for masses of human selves who may be thrust into extreme circumstances from large-scale change in the planetary environment.

-/-

The power of your highest intention is yours to use. Use it well. Attend to it daily.

-/-

My first and primary concern is not about the “survival” of this humans species *per se*, rather it is about the separation and extraction of the true Light from its entwinement by the Dark –and the potential from this to expand beyond a self-centered, social-tribal animal existence and join higher states of non-duality consciousness while retaining uniqueness of individuation and spiritual learning.

Future versions of “human” will be a vehicle for spiritual consciousness with a appropriate balance of individuation with a direct and two-way flow with various levels of higher Oneness. This gives rise to a highly aware and expanded consciousness –and *raison d'être* beyond that of “high gratitude” for simply “being”.

As best as I know, there is a pristine, uncorrupted “divine template” that can lead to many variations on the theme of “human” –and at different vibrational levels. The present Earthly version of “human” was manifested by the Dark, according to their requirements ...“in their image”. However, they were obliged to use one of

the “divine templates” that they had access to as they separated from Creator of All. And so at the core of the extant human something remains of a “pristine template”.

Some of the grotesque and monstrous creatures (large and small) in “nature” over a long period on Earth are mostly due to the Dark forces “improvising” their own templates.

Considering the material state of human biology and the state of personal and collective consciousness –and the disarray among so many of the higher level beings/souls with human presences, this present version of “human” will eventually cease. It is unsustainable.

However, the essence of the human template remains and the “corrections” process is effecting a separation of the infinitesimal tendrils of the Dark from as many of humans as possible. This may lead to a new version of humans sooner than later or it may lead to the full separation of the primary energy bodies to your higher self –perhaps both in some cases. I do not know. This has not been done before.

-/-

Once again, there is no human timeline and, in my opinion, anyone promising a timeline is foolish or is lying. Each of us has our own “travel vouchers” –and as far as I can tell that is a workable approach. Perhaps in a single day, one hundred will undergo some dramatic change, perhaps the next month, one million. There is no sense speculating on this and we shall all get see how it plays out. Meanwhile, it is best to find everyway possible to buffer oneself from the dominant social order in general. I have discussed this at length many times and in many ways, including suggested guidance on this.

That all said, I do expect an increase in major changes to the planetary environment and dramatic changes to increasing numbers of humans. It is possible that most will not remain in their present embodied state for any number reasons. Thus, ongoing spiritual learning and the ascension process continues at a different vibrational state than that which human 3d is focused through.

These spiritual changes occur largely through a new relationship between spiritually awake human selfs and the higher level and soul beings that carry the spark of Creator. ...And who have gone through a necessary “correction” and “healing” process to bring them into alignment with the higher Oneness from whence they came. This takes primacy.

There is already the basis for a new race of spiritual “human”. Today we can only speculate on the nature of these new beings. From what little can be surmised, they could be described as having a new type of human-like subtle body than

what we are familiar with here and now. This is not the same as the higher level light body.

-/-

For those who are most welcoming and aware of these changes, it is essential to thoroughly set aside the falsehoods of human fears and human desires in favor of knowing truth and beauty and the essence of everything as spiritual beings.

-/-

As our true nature as spiritual beings comes into a more coherent state and aligned with the higher Oneness, it will again be possible to explore the “physical” densities – *as spiritual beings first and foremost* – without the danger of becoming disconnected, lost or effectively “abandoned” by ones own higher being or soul. This is one of the terrible tragedies and diseases faced by spiritual beings entering into a situation such as that of “humans on Earth”.

There will be no more separation –virtual/staged or “actual”.

The aspects of individuation that are presently expressed through a human or other self-aware vehicle will have communication and knowledge of their greater self and vice versa.

-/-

The “correction energies” and its agents/agencies are working at levels above and below, as well those embracing 3d human to effect the greater changes. That is how complete these changes are going to be. Meanwhile, I suggest redoubling ones attention to ones own completion process and high attractors. As always, there are no failures, as sooner or later you will be returning to your true nature as a spiritual being above all else. Those requiring an interim period while retaining a sense of human self will find this possible in a vibrational state that is different from that of 3d, for many it will be the next level up. There is nothing more or less “real” than this level of 3d under a degenerated creation matrix. In ways, it is an improvement since the dark forces have been nearly eliminated there and the perceived environment is not constrained by a toxic matrix of a civilization that is falling into decay and entropy such as that on 3d earth.

-/-

This has been a cursory summary of key points we have covered over recent years in the published material to *Global Awakening News* and the *A-List Updates*.

-end-

## **APPENDIX 2**

### **Compendium of NES Forum posts since the last A-List *Update*:**

## **The Astral, The Humans, and Ascension**

December 23, 2012

<http://newearthsummit.org/forum/index.php/topic.1220.msg5950.html#msg5950>

To *facilitate* the spiritual “ascension” of greater numbers of human selfs?

The “astral region” is a “vibrational range” which is adjacent to ordinary human 3d-based awareness. It has a place where it has been easy to get “mugged” and injured (energetically and physically) by any number of various grotesque dark-side entities.

As such, most humans default to projecting elements from their familiar social, personal, and material “earth reality” –including various acquired belief systems, etc.

Given the intense “clean up” operation that has been underway by the “correction energies”, some months ago I suggested that we all request a “high level override” to minimize meanderings in the astral regions in the dream state, etc.

Recently, much of this region has become noticeably “cleaned up”, and made more accessible to the human level of awareness.

Partly this has been to provide some measure of “new air” and “breathing room” to those human selfs who are ready to consider some state of being other than as self-centered social-tribal animals subjugated in a terminally distorted realm.

Partly this is one of a number of the “vibrational spaces” where repairs, healing, upgrades, rest, and “catch-up learning” will be referenced for a substantial number of selfs who are moving out of ordinary 3d.

No doubt there will be those earth-bound teachers coming forward to exclaim “you create your own reality” or that it is the “new earth” –but I would not agree.

Rather, it is a “virtual reality”, as it might be called in earthly 3d. A vibrational state or space where you can experiment, test, work things out “as if” real, but not. Like computer software for a virtual “desktop”, it looks and feels like the real thing, but it can be wiped in a moments notice and begun anew. Even some “operating system” rules can be changed before a workspace “reset” is made.

So it can be a vibrational space to learn, to test, to revisit, and rework what a human self may still believes needs reworking or reviewing or revisiting. It is a busy place already and is getting ever more busy “up there”. It is a place where you can take the time to review possible “itineraries” and rewrite your “travel tickets”.

What I have noticed in recent daily monitoring of this space, is that those human selfs that are going there are mostly revisiting familiar things from their present human existence or their memories from their present lifetime as a human. The main difference is that there is not the presence of an overbearing authority of the bosses at work or nasty characters waiting to energetically assault them.

Their fundamental state of consciousness is a projection of their human earthly experiences and memories and desires. They continue to act out familiar “doings” as if they are still “doing the job” in their earthly setting. Some may be more focused on more artistic pursuits. Some are still in the early stages of rebelling against the oppressive restrictions and authoritarian nature of 3d human society.

Eventually they will find that there is nothing to “rebel against” and that this is only a memory of some other life –at that point they will be freer to explore more of what they can create themselves or together as groups with common interests.

So far I have noticed a physical tactile, visual, and a telepathic tangibility but no counterpart to the olfactory or auditory human senses. Perhaps the telepathic quality is what fills in for these, thus each self can experience the same thing but from the projected virtual *sensoria* of others.

To be clear, this is not “the ascension” to a higher more evolved plane of existence. It is only a first step, like having ones feet freed from the “tar pit” of human existence. For many it will be a refreshing change.

But it is not “new earth” or any other state of being from which to “create” whatever it is the human self imagines itself to be “creating”. It is a virtual space, a test bed, one that is more impermanent and fluid than any 3d earthly environment. How long this space will be maintained is largely a function of the correction energies and the larger transformational process.

But this is a response to the problem of helping as many human selfs as possible gain access to spiritual consciousness and some measure of “true free will” that has been so long denied them in 3d.

So, for many it is a start. It is a gentle way to provide some “taste” to the ordinary human self that there is more to “existential life” than a self-centered social-tribal animal self that has become subjected to endless abuse.

What remains is for them as a humanly focused selfs to learn about *spiritual reality* and for those who have a higher level being that they have been linked to while human (not all have this connection) to re-establish their mutual relationship and eventually regain access to the higher realms of non-duality.

What matters most in terms of their evolution as a spiritual being –either as a spiritualized human self or as a reconnected aspect of a greater being –is the

change in consciousness from the falsehoods of “conflictual duality” in the fallen realm –the non-duality of The All and creation of Source.

I wish to emphasize that this is not some “grade school” situation where you have to do class “101”, then 102, etc. Some are skipping much of this process completely are directly rejoining their own higher and greater being –and for some their greater being *descends* more of itself to further aid in this transformation and ascension process.

As experience is gained in this “alternate reality” it will, for some, exert a greater hold on their human self consciousness and they will be spending more and more of their earthly time there, extending beyond ordinary sleeping “dream time” and become simultaneous with their ordinary human waking state. It may be that many will simply not “wake up” one morning having permanently “left” their human bio-vehicle.

For those who are developing a strong multi-directional direct connection to their own higher origins and non-duality consciousness, they will be informed accordingly as to their mode of transition.

And so it starts...

-ASK

P.S.

Also this astral” zone is a convenient way for those “ET-alien” types to collect “their own” –and for those here on earth who most identify themselves as “ET-alien” types to return to their more familiar “home”. Much of this is with the “permission” of the “correction energies”.

## **Some additional points The Astral, The Humans, and Ascension –**

<http://newearthsummit.org/forum/index.php/topic,1220.msg5951.html#msg5951>

December 26, 2012

I do not want to be “hung up” on word meanings here. I am using the term “astral” or “4d” since that is the most common metaphysical terminology. What I mean by this is the next range or band of vibrations “up” from 3d. This is all very much like the electromagnetic (EM) spectrum. There is a range of humanly visible light and within that are ranges of colors, etc. There is a range outside the capacity of most human vision on either side of the range of visible light. One range is infra-red and on the other side is ultra-violet, etc.

So using the simple analogy of EM spectrum, let us say that visible light represents the range of 3d human earthly awareness and material existence and that ultraviolet represents the beginning range of 4d. At some point a qualitative change occurs between 3.9 and 4.01, etc. –and your human self become aware of this.

Let us imagine that some immensely large “somethings” have been busy cruising around removing a lot of the detritus from the 4d range –like whales filtering plankton in the ocean. Let us also imagine that in their wake, something is being changed in the fundamental vibrational state of the “air” or “ethers” in 4d. It may still look or feel like 4d “air”, but the “correction energies” have been imbued into the vibrational state of this “new air”. The result is to minimize dark side influences from re-entering and “polluting” this cleaned up space and minimize dark side infected human consciousness from projecting itself “upwards”. For those who persist in thinking in white or black absolutes, let me emphasize that a portion of the astral region has been cleaned up, but it is not all made pristine. And I must emphasize that the filtering capacity of the improved space is not 100%. Humans can and are still projecting what is most familiar. But some of the worst of human thoughts and intentions is being prevented from entering.

This is all very good news.

So once again, this is not the “new earth”, this is not “heaven”, this is not a permanent place to reside in. It is, however, a place, a space where one can find a little more “breathing room” and move ahead in ones ascension or embarkation from the 3d human realm of existence.

Some will find an interim place where all of themselves can “flow upward” like something of lighter density rising up through the water to reach air at the

surface and perhaps even move into the new air completely –like a flying fish that does not return to the water.

Those who are better prepared and spiritually aware will be the ones to show others that it is not necessary to try to rebuild human society/civilization, etc. along familiar patterns, albeit minus the dark side humans and others.

Those who are prepared with some spiritual awareness will be the ones pointing the way to the higher levels of spiritual development for those who are most open.

Many will be content to play with the old ways for a while longer –until they are met with the higher Light –which they will be.

I have discussed how the ascension process for many will be something of a collective near-death experience. What I am describing here is the most gentle form of this that has been made available compliments of the cosmic correction process and its agencies.

-ASK

## Ascension “Upsets” and the Descent of the Supramental

December 30, 2012

<http://newearthsummit.org/forum/index.php/topic,1401.msg5952.html#msg5952>

**\*\* Preliminary draft, subject to revision \*\***

### **Note:**

For those reading this material for the first time, please see the most recent A-List Update at <http://www.pfcn.net/Bulletins/Update-Aug-Dec-2012.pdf>

This article should be read as a companion piece to two recent posts: “*The Astral, The Humans, and Ascension*”:

<http://newearthsummit.org/forum/index.php/topic,1220.msg5950.html#msg5950>

<http://newearthsummit.org/forum/index.php/topic,1220.msg5951.html#msg5951>

This process is the beginning of a gentle “NDE-like” experience for large numbers of human selfs to gain some capacity to welcome a spiritual existence over a self-centered, animal-like existence that has been efficiently socialized and mechanized the world over.

It was Mirra and Aurobindo who contributed the most in the recent era to understanding something of the “supramental” and its potential to transform both consciousness and density (3d physicality). It was their conclusion that it all would have to change, not just a little here or there. They delved into the vibrational states that lie below and above the human 3d range of existence and they worked to find ways to bring in what was possible of the supramental – a descent of the higher realms.

As I know of it, I also refer to it as something of the god-mind of the true creation – and an intermediate stage in the development of new creator beings and in the restoration of soul beings to their divine destinies. In so far as the human self includes an aspect or “holographic” fragment of the divine or true light, the human self is included in this process.

How large a fraction of human selfs realize this state from their present manifestation remains a great question. Those selfs who are most focused upon their development or evolution as spiritual beings will most likely have a more conscious and smoother experience of this process which requires the loosening and dissolving of ties and attachments to ordinary human existence. And this can be a problem for many.

As a manifestation of non-duality consciousness of true creation, this energy, its foundational consciousness, is totally incompatible with the paradigm of duality that infests the fallen realms.

It is my impression at this time that the “correction energies” are very much like the front wave of something much greater leading to a total change of all that is. And the front wave of this front can be likened to a tea or coffee press pot filter.

Indeed there have been many “renunciates” throughout human history, a fraction of whom achieved states of high Realization, and rarer few becoming known to the ordinary human world. But without the larger energetic environment changing, the lightbodied supramental being could not develop here. So a “Catch-22” situation existed for a while –something I will be discussing further in the next of the A-List *Updates*.

~~~

Over the coming weeks and months I will continue to add to what has already been posted on the transformational and ascension process –as I understand and know it. At this time, what has been described in the two Astral/Ascension posts is the most viable pathway that fulfills certain long-standing “prime directives”, notably:

*“...there has been at least two high level “prime directives”: One is to extricate the most of the true Light from this realm (separation of the “mayonnaise”) from the fallen or Dark zone. The other is to maximize the spiritual learning of the potentials and problems of lower levels of density, including that which has been learned under the influence of the dark.*

*To accomplish these directives also requires the liberation of as many evolving spiritual selfs in a manner that maintains their individuation so they can be reintegrated with their own respective greater beings. This includes of course a portion of those light beings with embodied human presences on earth.”*

<http://newearthsummit.org/forum/index.php/topic,1401.msg5930.html#msg5930>

The remaining lengthy essays for the A-List Updates will delve into this further.

~~~

First, I want to dismiss again any notions that all the suffering and pain and all that is so wrong here is something that “the Light” willingly took on to try to correct and heal and to learn from etc. –even if it meant its own annihilation. What I have said before about notions of “war in heaven” –between light and dark –being an incorrect formulation bears recalling here.

This might be applicable in exceptional cases, like a researcher who deliberately risks inducing a specialized problem into their body in order to study it more closely. But this is not what is at the core of a reality created and dominated by the dark. Such one-sided thinking is the product of degenerate minds seeking to rationalize a degenerate existence by projecting beliefs that all this was part of some deliberate “grand plan” by Creator of All and “legions of light” to teach themselves a “darn good and most severe lesson” –even if it “killed them”. We have spent several years explaining much of what is real and what is not and how things came to be the way they are and how this is being corrected once and for all time. So, enough already!

## **The Press Pot**

What is presently underway can be illustrated by the simplistic analogy of a coffee “press pot”. The press pot filter screen can be compared to a fluid boundary zone between the zones cleared by the “correction energies” and that which has not. The “correction energies” have been brought into the 4d region (“astral” in some terminologies) closest to “3d” which is the vibrational and physical space where the human self resides in a human body on Earth. The “filter press” of the “correction energies” is designed to allow as much of the consciousness of “self” –that portion of your greater level being –to emerge mostly intact, but without most of the dark side tendrils and infections.

The filtered vibrational space is specially altered by the “correction energies” to prevent re-infection by the dark.

This process does not fundamentally change the consciousness of the “self”, for that potentiality is presented again soon thereafter.

What it does is to separate out the “true light” that is most ready to come forth from a mixture in which the dark has wrapped itself like a parasite around the light.

As in any type of “therapy” the more one is “complete” and over and done with experiencing pain and suffering –of identifying with it as a necessary part of ones existence –the easier it is to effect a greater “healing” process and spiritual expansion. In contrast, the more one is attached to pain and suffering, the more difficult the process.

Such attachments, like tough muscle adhesions, are usually not something one usually wants to acquire, rather these are the result of a dark-side dominated reality that elicits a wide range of “defensive” human and energetic responses to the parasitic infection of the dark. Sometimes the “body” vehicle –subtle bodies and the bio-physical –simply cannot handle this and deeper problems develop, like a cancer beyond ordinary 3d physical levels.

In this simplistic analogy of the coffee press pot, what is underneath the filter plunger represents a growing concentration of all that is dysfunctional about the vibrational reality of 3d and that which sustains and maintains it out of habit. This includes the planetary body, biosphere, atmosphere, as well as human society throughout.

This situation of what is being accumulated under the “press filter” is something that is unavoidable in a reality that only exists from its ability to parasitize Light energy. Now the true Light is being separated out and less of it is available to fuel a degenerate reality.

The earthly environment of the human self is becoming increasingly untenable in every respect and this will catalyze growing numbers to turn their attention from all that they have grown habituated to pain, suffering, animalistic impulses, human psychological dynamics, etc. and look toward something totally different.

It is in this opening to, a turning of attention in an 180 degree “about face”, that greater numbers will become open to spiritual existence and the more this occurs, the less of a hold the 3d density reality will have on them. In each moment of genuine opening to the possibilities of spiritual existence, a very great many will find what has been so close, yet so out of reach for so long.

If human selfs were capable of making higher choices out of true free-will many would have done so by now, but true (spiritual) free-will has long been suppressed and denied in this realm. Thus so many simply cannot help themselves for what they do (or not do).

While many “lightworkers”, etc. came here to help, they were ill-equipped at their higher levels and not surprisingly at their human levels as well. There simply was no way for them to know how dangerous and difficult the situation would be here.

Furthermore, most of the higher level beings, who projected some portion of themselves into this realm through human and other forms, themselves became caught up observing (and experiencing) a horribly twisted reality –like an endless virtual reality show that seemed to have no exit, only endless variations.

This all led up to a situation of accumulated risk of being unable to extricate themselves –intact –from the tar pits of earthly and other similar such realities in this fallen sector.

It is difficult to image the level of care and attention that has gone into changing this situation without annihilating these realms. It seems to have taken forever from an earthly perspective.

Nevertheless, here and now, some very high level changes have occurred to completely contain and dissolve the dark side. It could not be accomplished

mainly from “within”. This is something we have described in the pages of *Global Awakening News* and the “A-List *Updates*, maintained at the Articles and Bulletins section at [www.pfcn.net](http://www.pfcn.net).

~~~

As it is with anything that has been imprinted through force of habit, these attachments to the old ways –to pain and suffering, to the mistaken identity of “self” with that of a self-centered social-tribal animal (human) –are all part of a system of control based upon beliefs and energy taps. Belief systems, when strong enough, are “as if” real to the belief holder and many of these beliefs influence the self after it has departed its human body. The energy taps draw off the Light energies to feed parasitic entities –both human and non-human –and in so doing prevent access to the higher spiritual light and divine right of the higher transformation.

As the human social-physical matrix breaks down, many of these beliefs will be weakened as well. As more of the human self reaches up to a somewhat higher level perspective and looks back upon its 3d level, it will realize something of the truth that it is more than its body and social animal existence.

~~~

***“...and they will return to the Light from which they came and the Light of which their essence originates will become them.”***

~~~

...to be continued.

## **The Upset**

Recently, a great many human selfs expected externalized miracles to change their Earthly existence. This was a problem all over the world, and most especially in the USA.

One of the reactions has been profound anger and upset –at themselves for having “believed” –and with those who promoted these ideas. Another reaction has been profound depression and discouragement –with their own human existence and with the spiritual consciousness in general.

One of the more serious problems has been to blame the overall situation on their own higher self or higher levels of spiritual intelligence for having misled them or for having been so wrong about so much. This in turn feeds more of the “depression and upset” and for some, a type of spiritual nihilism represented by “human sovereignty” –a recent form of spiritual separation that is entirely human-centric.

There have been growing numbers of “humans” who have been intrigued and attracted by the possibilities of “spiritual existence”. For those looking externally to others for the answers and “fixes” and desirous of both spiritual truth amidst an existence of illusion and falsehoods, they have too often been offered “sand and mud” to whet their hunger and thirst –instead of what is spiritually “Real” and fulfilling.

Yet, despite multiple sources of misdirection and deception, a great many have persisted in their quest for spiritual consciousness. Initially they were led to anticipating something of a 2000-2001 “grand millennium game changer” –one that did not occur in any manner at any level according to the human calendar. And this was not the first such highly anticipated “change point” that failed to change 3d materiality or consciousness.

Many began to welcome some form of mass destruction of themselves and/or the planetary environment as a way to release themselves and many others from their imprisoning situation. This was further fueled by high drama movies about global catastrophe, some accompanied with realistic special effects. This pattern coincides with various religious zealotry seeking to bring about specific events designed to fulfill notions of “end times prophecy”. In most cases the believers imagine all those “good and deserving” go heaven or whatever and those “bad and undeserving” go somewhere “less pleasant”. The ET/dark ops inspired new age content is too similar to this to be casually dismissed.

In more recent years, a desire for spiritual consciousness/ascension has been stimulated by expectations based upon notions of some Mayan/ET calendar system –one that no one alive today knows enough about to be “authoritative” in the strict sense of the word. This was reinforced by various entities and their channeller-hosts.

Underlying all this is a genuine truth by human selfs to reconnect with their higher level of being and what some would intend to be genuine higher Oneness of Creator of All.

There are so many people all over the planet who have become so understandably tired of all that is so very wrong about their own existence as human and about human existence in general.

So we have a mix of “Christian-New Age-Rapture-Ascension” aspirants. The vast majority were led to follow such beliefs through the socially-ingrained habit of always looking outside oneself and relying on “experts”. For some it is their religious chiefs, for some it is the stories from channellers, for a few it is stories of “experts” concerning the possible meaning of some old artifacts and legends and myths.

So many new age and Christian types have been expecting a full physical ascension. That this has not occurred should not be a surprise given that this perspective pandered to a “fast food” approach to spiritual consciousness –one that did not require much of any change in consciousness or its vibrational state at the human level. And of course none of these perspectives could conceive of a higher self level that not totally “on board” like a mini-godlike omniscient “guide”. Thus so many wondered where their higher self had gone off to and why their apparent “guides” were not better equipped to offer more than superficialities.

It was anathema to most when we suggested over recent years that so many of the higher self/soul beings with human presences here were about as confused and non-integrated in their internal make-up as their human manifestations were.

Today, many spiritual aspirants are in denial, some have turned to a new variant of hopeaholism reading platitudes from channeled ascended masters, archangels or whatever they imagine they are latching on to. The ascended masters “schtick” has been a trap from the beginning by the Dark side and the “archangels” and other “ET” races have yet to “come clean” as to what occurred with them.

Teachers associated with ascension, often relying on human “degreed credentials” to promote themselves, claim it is their personal sole efforts that are so “central” to the larger process. When taken in full context and content, along with the alleged channeled “higher beings” which provide the illusion of an external authority, these various operations objectively function as fronts for the dark side. If they were really clued in, they could not be saying some of the things they do.

The explanations given by them include complex stories of partial truths and concocted rubbish, the conclusion of which are often to blame the higher self and higher levels for these failures –very much like the dark side variations on “human sovereignty” that I have mentioned before. If this does not work, then there is the old falsehood of blaming humans for creating the whole “dark side” mess to begin with.

And this is done in a way typical of the dark side poseur “gods” who claim they are the holy and righteous working for “god”, etc. “christ”, etc. and the rest of a familiar litany of false stories that are freely handed out to any human disillusioned with religions yet who still hope for something “higher” that “cares about them”, etc.

In addition to all this, various “teachers” have been promoting multiple timelines, that are mostly variations of familiar religious themes –one for the “good deserving people”, one for the “bad undeserving people”. Sometimes such messages get an added veneering of “you create your reality”. Gee, do you pick timeline door number 1, door number 2, or...?

Mixed in with these messages is some element of truth –as presented by the actual sources of this information –for those whose sources are of “ET” origin. Some are spun out of laboratories run by mil-psy-ops agencies or from the “ascended idiots” realm, the way most of the new age teachings were introduced and developed.

While I could go on, I will pause here and now.

What is most important is what you most desire and know to be your own highest truth and destiny. Regardless of the defects engineered in to the human body and the problems associated with taking on a human body and personal identity, the fact is that too many humans have over the ages gained insight and access to profound truths about existence and spiritual realities and done their best to leave some sort of trail for others to follow or at least learn from. This capacity for spiritual consciousness was also built in to humans, perhaps not for the highest of purposes, but nevertheless it is how it happened.

The human self also has the built-in potential to evolve into spiritual beings – especially so in connection with the higher Oneness of true creation. Some human selves represent a potentially central element to their own greater soul being –especially so in connection with the higher Oneness of true creation.

To be continued ...

-ASK

## **Future? ...some further thoughts**

**December 30, 2012**

<http://newearthsummit.org/forum/index.php/topic.1161.msg5953.html#msg5953>

Some continue to wonder how many years humans have on this planet before the planetary environment becomes uninhabitable and humans and other life forms die off. No one can say.

First, I must ask why it is so important to know of some final “termination date” –especially for those who are focused on spiritual development? How does knowing this (even if it were possible to know the date) affect ones own spiritual focus now?

I am aware of various demarcations in the human calendar timeline. But these markers are nothing by themselves, only temporal signposts.

What if human life on earth were “guaranteed” by some “authority” to go on in some way that is extrapolated from the present state of humans? Who and why to live there in such a manner?

What if human life on earth were to be of some higher level human 2.0 that is immune to a poisoned biosphere? Who and why to live there in such a manner?

Personally, I have no need, unless it were to simply check in on the state of planetary “recycling”. Perhaps there would be some who would like a researcher from an alien world come to study the situation.

Second, there is the “frogs in the pot” phenomena –one that is a very real and serious problem –at the human material level. In addition to the degradation of the biosphere, it directly affects the human mind and human consciousness. Of course “true mind” is not really “in your head” (as in your brain), your true mind/awareness exists in your subtle bodies and the better you have access, the easier in some ways your human life can be –up to a point. But we still rely upon our embodied level to process certain things in 3d temporal space and your body-state influences your “state of mind”.

An obvious example is chronic pain. Not only is it debilitating to the bodily function, it also affects ones state of mind, emotionally and intellectually. In principle, most somatic pain should not affect your consciousness awareness, but it does. Even if no other reason than the constant nerve impulses causing background noise at “painful” levels, eventually causing multiple levels of exhaustion.

Extending this principle further, what is served in allowing oneself to be drawn into all the pain and suffering in the human world? For those not aware of it, I

doubt that prolonged exposure to news of pain and suffering will do much more than irritate or dull the senses. This is one reason so many people are taking anti-depressants all over the world. I suppose this allows them to spend more time being exposed to grotesquely exaggerated pain and suffering of television and movies. The immensity of the situation is such that there is nothing that can be done from the present human level of existence to alter the rapid destruction of a biosphere that has been wantonly pillaged in a concentrated manner for centuries.

Personal pain and suffering or collective cross-linked pain and suffering are closely related.

We are not the only ones who have discussed various likely ways human civilization will end. Beyond the obvious of wars and economic collapse which only partially cripple civilization –there is a combination of factors that may well occur in a confluence of events. Solar or extraplanetary plasma energy, magnetic field collapse, crustal-axis slip-shift, coastal and inland inundations by oceans, massive weather extremes, extraordinary volcanism and earthquaking, and collision with one or more very large non-planetary bodies in space. And there are lots of movies illustrating these.

As we look at the human-earth situation, it is obvious that due to human and other causes, the entire planetary environment –oceanic, land, air, etc. –is rapidly collapsing and increasingly unable to support healthy human or other life as humans have become familiar with it. There are locations around the world that have become extremely toxic to human and other life forms from human wastes, industrial and military pollution, electromagnetic waves, etc., etc., etc. This is more than mere stupidity or extreme hubris by those making these things happen.

So, perhaps human “life” could go on for 50 years or more? What would the conditions and terms of such an existence be like? Today “food” is already becoming approaching something akin to “*Soylent Green*”. And if people imagine there is too little genuine truth speaking news media, imagine a society with *heavily enforced* restrictions on everything, not just ideas, but food, housing, etc.

This the reality of “modern civilization” that has been established to maintain a huge population of self-centered social-tribal animals –humans, as most regard themselves.

Humans, due their social and other programming, have lived as parasites and predators upon one another and anything they can kill or otherwise force into supporting endless growth of an increasing degenerate and marginally conscious existence. It is a way of existence that is a primitive reflection of how the dark force operate at many levels of existence, physical and non-physical.

I have raised this point before: what is there to save and what is the purpose to ones human existence, especially amidst a growing desolation?

At the center of all this is the question of whether you regard yourself as a spiritual being based upon spiritual consciousness or as a human self seeking to avoid the end of a biologically embodied existence. Such avoidance takes many forms. One is the endless reproduction of more humans, another is an underlying fear of genuine spirituality.

How long the transformation and ascension process will take to complete for humans on earth is dependent upon how well the process goes. What I have described in the most recent *A-List Update* and recent NES posts describes something of what I know to be underway and which is progressing steadily enough. The more who make the next stage of this process means the greater the overall capacity will be and so the process advances at an increasing rate. My best “informed guess” –and that is all it is –would be a few years or so for this process to run its course. During this period many will be leaving their human state –and many will continue in their human state, although with a very different state of consciousness and energy body.

Focused, pure intent is what is needed now. Those who can manage this will do so and are doing so. What is it that you most intend –what is most primary? If you have not addressed a relative sufficiency of completions issues, then your higher intent will be countered to some extent. Your higher attractor is essential –it can be very specific or very broadly covered through your high intent. This makes it possible to bridge various vibrational states and yes, when you are most ready, to even leave your human form.

-ASK

## **The Wave and The Supramental “Correction”**

January 1, 2013

<http://newearthsummit.org/forum/index.php/topic.1412.msg5956.html#msg5956>

... how interesting this is appearing at the “click over” into a new Gregorian year!

*“Does anyone else “feel” this vast event/energy about to fall right on top of them?”*

Oh yes, indeed, indeed!

It is an immense “something” as if it is in the room next door and is moving closer.

Since I am in the water so much these days, I can compare the general “feeling” to something like a very large ocean swell that gains in height as it approaches my surface-eye-level point of view.

It is all relative to point-of-view –and point-of-view is relative to the vibrational space ones point-of-view is sitting in.

When there are strong waves cresting and breaking near shore, I simply wait and watch for an auspicious time, I will go out between these intervals to avoid getting hit by a cresting wave and sand it might carry up with it. As I move farther out from the near-shore, swells that might result in a four or five-footer breaking overhead become little more than gentle up and down swells. Sometimes these swells providing an interesting higher point of view of the shore area where I can see the chaos of sand and foam and breaking waves. But I do not hear the waves, I am out far enough to observe them. But having just been at the shore edge I also have a fresh memory of what is occurring at the point where I formerly was standing.

Under the water, one barely notices anything more than gentle undulations. Farther out in the open water and underwater, it could be serenely peaceful while stormy at the surface. When one decides to head back to shore under these conditions, the closer one gets to shore, one can ride these partial waves back in and even go backwards up and over them. But the closer to the shore break zone, the rougher everything looks and the more dangerous your water exit becomes.

This is very much like what is going on across various states of vibrational space right now. It is also why I have noted in one of my recent postings that there will be those who eventually decide not to “return to shore” from their forays into nearby 4d higher vibrational space –in other words their 3d physical form.

Your dentist story certainly got me amused since I too “should” take care of a minor dental thing, but since there is no urgency in terms of pain or other health issue I have put it off. And why? Because enough me knows that there is no need. Yet I will probably make the appointment one of these days just in case my timing is off a bit. Why? I have no reason to risk or welcome any new pain or suffering into my human existence.

So it is all quite a metaphor for so much.

Now as to what “it” is that is of such immensity that some of us are feeling its presence and potential effects.

I would like to use my press-pot analogy from a previous post. The press pot filter screen is only the leading edge of the leading edge of an enormous wave of energy that it has an almost palpable viscosity to it, yet it offers very little resistance to “swim” or flow through it as it seems to also moves toward the human 3d vantage point.

And this is so much like the sea and waves.

A wave that is crashing down into coral or sand carries enormous force that can break up coral and rock and carry away entire beaches. Yet to encounter the same wave farther out as it forms, it so gently carries one along within it or on it.

Do I need to have the experience though of riding the wave all the way to the rocks to see how my body impact feels? No thank you. Yet naïve people take risks and require emergency rescue just about every week. Some are so unstable in their physical-energetic body that they cannot even stand in shallow water at a gentle beach. Next thing you see, they are flailing about in need of rescue in a mere two or three feet of water with the smallest and gentlest of swells coming ashore. For some (usually children) getting rolled about in a gentle surf near shore is all such great fun and they scream and laugh and don't mind the sand in their nose or ears! And when they tire enough, they come ashore happily grinning and laughing.

Those who have learned to learn, who have learned to pay attention so they can learn, have learned from the water something of their own limits and so usually will exercise informed discretion on behalf of themselves. Nevertheless, there is always the unexpected wave and so those who know this is possible also know to look away from shore just in case of something unexpected coming at them.

And there are also those who will take “informed risks” to push their own envelope, to increase their capacities. When they have learned something new by this, they can share with others something of what they have learned. Following this, those who have been exposed to new ways to “navigate the waters”, some fraction will then try to push the envelope for themselves as well. And so goes the individual and collective learning.

In the world of breathhold free diving many techniques have been tried, proven and taught. These techniques are essentially well-known yogic body practices which on the rarest or rare occasions extend beyond 3d to switch from 3d “air” to the higher vibrational “air” of the subtle bodies.

Despite all this and all the scientific knowledge in the 3d world of breathhold free diving, rarely has anyone ever questioned the basic paradigm of storing lots of air inside the body! Only recently have a few discovered that this is all wrong to begin with and that there is no need to train the body to deal with packing in all the air possible. I will not go into details here since I am really talking all about ascension and transformation, but I will say that the paradigm for freediving is not to inhale and hold air, rather it is to get rid most of it and *not* to inhale upon submerging! Yet this is such a very new thing for most humans and the vast majority continue to take training courses that expose them to a very high risk of fatal results in relatively shallow water. What is also noteworthy is that around the same time, unbeknownst to one another, a few have been experimenting with this “new” approach.

So here we have watery metaphors for ascension and the transformation process. Paying attention, looking both ways before “crossing” and knowing enough of how far to push ones capacities. Those who have found ways beyond the rough breakers have a totally different experience and point-of-view from those who have not.

So, now back to the what is behind the “press pot filter”...

There is an intermediate zone that accumulates those who learned how to pass through the filter with relative ease. Excessive attachments and various loads of “baggage” make it difficult to pass. Those who have left these behind knowing it not essential, then find it easier to flow through the filter. This is a fairly gentle and broad filter at first. It does not require great expanded cosmic consciousness. It really only requires a willingness to let go of all that is not truly of ones essential self and to pay attention to which direction to be headed. The intermediate zone on the other side of the leading edge of this filter is a zone of purified “air” where one can rest and collect themselves and learn of new possibilities to their existence.

Through inference or a more direct approach there are those who are aware of something that is the motive force behind this process. I have preferred to refer to the whole process as the “correction energies” and now I would like to suggest that what lies beyond these transition zones is something that could be called the “supramental” wave of energy from the true Creation.

Its wave front, like the initial 3d/4d “press pot filter”, is more delicately arrayed than what lies deeper into this immense wave of “Prime Creator” (for that is what it is).

Already, those who are more sensitive to these things can infer its “incomingness”, its immensity, its imminence.

It has been observed that “none will be left behind”, that all will be accounted for. But... not all beings will retain their individuations that occur at lower and lower levels of density. Many will be calling in as much of themselves as they can, like a localized “coming home” –this is a high-level “as below” dynamic to the “as above” dynamic of the Higher Oneness calling all of itself in.

Some of this I have touched on in previous essays such as “*A Large-field View...*”  
<http://newearthsummit.org/forum/index.php/topic.1374.msg5936.html#msg5936>

I continue to state that each of us will know when it is time to dive in. Even for those who delayed, there will be some “last call” and that will be that.

The All is responding to the “homing signal” for all that is of true Creation to reconnect to itself. Those who perhaps did not hear or were unable to pay attention, will eventually be collected and helped through the process. It may not be in any manner imagined now, but this is part of the highest intention of the Higher Oneness.

My best wishes to everyone this new Gregorian year!

-ASK

P.S.

I have mostly ceased publicly discussing certain dream/visions which I experience.

However, being the day of a “new year”, I found myself this morning witnessing an immense quaking of the entire Earth. So immense and widespread that there can be no human measurement. When I left the region that was about to be so completely broken up, I asked my higher “uplink” as to the specifics. The response was calm and clear that an immense “body” was passing earth and was catalyzing these earthquakes throughout the planet.

## **Future Visions**

New (Gregorian) Year Day:  
January 1, 2013

I have mostly ceased publicly discussing certain dream/visions I have. Being the day of a “new year”, I found myself this morning witnessing an immense quaking of the entire Earth. So immense and widespread that there can be no human measurement. When I left the region that was about to be so completely broken up, I asked my higher “uplink” as to the specifics. The response was calm and clear that an immense “body” was passing earth and was catalyzing these earthquakes throughout the planet.

<http://newearthsummit.org/forum/index.php/topic.1412.msg5956.html#msg5956>

This may related to some very large cometary-like bodies passing through this solar system this year 2013 or/and in 2014. But what was most specific to what I was observing was it was as if this large planetary sized body was nearly “blackened out” meaning that it reflected too little light to be noticed by the “near earth object” tracking telescopes.

///

### ***Update:***

If I have anything new to say on this, I will publish it at the NES Forum.

**Notes from (4d “virtual reality”) filtered space**  
**Many Levels of the “Correction Energies”**

January 4, 2013

<http://newearthsummit.org/forum/index.php/topic.1401.msg5959.html#msg5959>

Achieving any coherent level of voluntary cooperation for a higher good amongst humans is very difficult due to damaged personality structures and the overall environment humans find themselves in. In contrast, cooperation for selfish gain or causing harm to others of course has always been achievable among humans – the global power elite is a good example. And in its own smaller way, “raw survivalism” fosters a type of perverse cooperation of the group versus everyone else.

However, in the partially cleared astral 4-d region (a “virtual reality” as perceived from 3d density) there are fewer impediments to achieving a more genuine type of cooperation. These are usually around humanly familiar settings of the workplace or living locales. Sometimes these extend to larger governmental oriented concerns, for example. Common interests set up an attractor for clusters of selfs. Initially, what is played around with together is based upon common earth-memories and interests. But it is not the content so much as it is the process that is worth noting.

It would be premature and naïve to presume that this is going to change the world of 3d –that would be limited thinking from a human point of view about narrow human world concerns. However, it is a space in which human selfs can practice cooperation, etc., in preparation for moving into higher states of consciousness. And that is what is most important.

It is possible that as more of the “press pot” filtering process develops, and as more of human civilization crashes and grinds to a halt, that some of what is learned in this interim “new space” could be “downloaded” or descended to what there is of the 3d reality zone. Otherwise, this is a practice zone for the next levels of expansion into higher orders of vibrational existence and type of consciousness that is required at those levels, “post-correction”.

I have written a little before about the processes in the new creation realm. There is a similar process but is it one emanating from the higher levels whereby – slowly, gradually, and with great considerations and deliberation –these descend more of themselves to create more individuation at a slightly denser level in preparation to further creational manifestation.

And so we are seeing a bit of a reverse of this process as some humans –still embodied in 3d –are beginning to link up around common interests and are learning what it is to develop a coherent cooperative relationship for some common good or higher purpose. This is also a space where human selfs no

longer embodied may also gather and interact both with one another and with those who are still embodied.

Again, I wish to say that whether any of this will ever have any bearing upon any version of a future human-earth scenario is pure speculation at this point and not relevant to this discussion.

Here and in previous NES posts on this theme are describing an extensive process of filtering and descension of the higher levels that serves to bring as many beings as possible into the higher light and their true destiny.

Again, I wish to point out that this process can potentially serve in the remaking of a new human-earth environment that is free of the infection of the dark forces and all of its terrible influences upon a new society and upon the fabric of the planetary biosphere.

It is a process that will take some time. That is how it works, in stages. The greater one can develop capacity to absorb these changes and internally stabilize them, then the more rapid the changes can occur. Collectively, there is something of an “averaging effect”. Nevertheless, the process will proceed at its most rapid yet optimal rate. Whilst this goes on, there will be ongoing changes to the fabric of the planetary body and biosphere. Some of these will seem to be catalyzed from space, some from within the atoms themselves. From the ordinary human point of view, there will be a growing scale of disruption and disintegration of civilization and the planetary environments.

How or if one rides all this out is a matter of choice between you and your greater self and your “higher level “family”. So far, to be able to observe so many levels of this process, including from a 3d perspective, is interesting and compelling enough for some of us to tolerate being here.

The process of the “macrophage-like” envelopment of the fallen or dark realms is also amazing to be aware of or to witness, even though it appears from the earthly 3d point of view to operate in extreme slow motion.

The large-scale process of containing the greater fallen zone is also relevant to the human-earth process as it has influence over the “space” this solar system is traversing and it further supports the process of clearing and protecting the 3d environment from many undesirable influences. This is also connected to the smaller scale “macrophage-like” process that surrounds earth, like a densely packed sycamore seed ball.

The comparison between what is going on here relative to the process in the new creation is also a remarkable learning process. These are the correction energies at work at all levels.

-ASK

## **Confusion and the Pressure - Caterpillars and Butterflies**

January 11, 2013

<http://newearthsummit.org/forum/index.php/topic,1412.msg5966.html#msg5966>

As to the “pressure”, yes, well it is internal as well as “external” –the action of the higher levels upon the lower levels (including those in human bodies) pulses from gentle to extreme, then a bit more pressure, then a little rest, then a little more. And the pulsing can increase –not unlike labor contractions of childbirth. I have been calling it the “press-pot” filter. And it is only just gotten underway with much more to come –hopefully sooner than later. (!)

I always appreciated and used the caterpillar-butterfly metaphor as a model. I must wonder if there is a third state – neither caterpillar nor butterfly – as these are still of the 3d material realm. The 3<sup>rd</sup> state being lightbody or other higher vibratory state beyond 3d.

As you have already said, from the point-of-view of the caterpillar in the chrysalis, it does not have “butterfly consciousness” –only the potential for it. And the butterfly carries the potential for “caterpillar” which it deposits with eggs. Initially the caterpillar it has “caterpillar consciousness”, and at some tipping point in its internal chemistry it loses that identity yet still has no new identity as it is in a state of flux for some period. Eventually, the butterfly form develops some structural patterns and one could imagine some point in this process the required consciousness becomes established so that the butterfly can actually emerge healthy and be able to fly. Perhaps across the oceans to land on my lemon tree and lay some eggs.

I found this model most attractive and useful fifteen or twenty years ago or so, with a cross-linkage with “ascension” and “descension” of the supramental and the transformation of the human body and 3d reality as well –like with the butterfly-caterpillar. There are those who had been “pushing the envelope” already and had explored and proven various “paranormal” things –the result of focused attention with the energy body and through that, action at the physical phenomenal level, but some were primarily driven and guided by the higher consciousness. It was those who had the most extraordinary experiences, much as had been occurring with the group work of Mirra and Aurobindo, etc. I make this distinction between the phenomenal and the higher consciousness originating with the higher Oneness of true Creator.

There are many human and non-humans who have extra-normal abilities in the phenomenal –walking through walls, telekinesis, bilocation, etc. but all these unusual phenomena are just that – phenomena – of the material world and requires focused attention and some initiatory instructions and practice to achieve. No major change in consciousness is required.

This is why there are those today with “special abilities” working for the black ops quasi-govt agencies or channellers claiming the such and such political leader is the savior, etc. or advocating a policy or human social (duality) movement, etc.

Nowadays, I expect that what bodily transformations take place will be very rare among humans.

Rather, it will be the offspring of newly altered humans, a small fraction of whom are children now, but most have not been born. Some of this will take place on this planet in some future time –sooner or later. At least that is what I have seen in my far future forwards. I would also expect some of this to occur with those who physically depart this planet with their “ET-family” or caretakers.

Various individuals have discussed lightbody over the years, myself included. This may be that which occurs –in other words not a matter of biology anymore – neither butterfly nor caterpillar –but something more akin to the supramental state –the lightbody.

As to how and what it “appears” as (appearance being relative to vibrational point-of-view) –some may retain some compactness of a humanoid looking lightbody, some may not. Anyone want to try the latest ovoid shaped model? And the appearance with regard to scale of size is also a very relative (and changeable) matter.

What I am most focused on now is the consciousness changes that entails connecting 3d with higher dimensional levels and vice versa –into a more unified state of awareness and being. The “body” which it involves is the light body fields. And not all will have a humanoid looking light body. Some may just be spherical or ovoid “orbs”, rays of light, or whatever seems suitable.

An uplinking and downlinking can occur between ones higher levels or equivalent and human level. From this, all manner of self-guidance is possible and it can be the preferred primary route for ascension while still embodied. The “correction energies” can be called upon to dissolve away any and all of the influences of the dark –including that which influences the physical levels as well. I must caution that in some cases, it may well be that ones physical will be affected. Much depends upon your higher attractors and true intentions. One can ask that all be burned away and to welcome the intense “white light” into your core, your energy centers, and to pay attention to unifying as much of your subtle body fields with higher body fields into a vast unified body or field. A continuous two-way flow can be requested between ones lowest levels of being (below human) to highest origins from Source, and vice versa, etc.

I know from working with myself and others over the years that profound changes to ones consciousness occur and yet personality eccentricities may remain –benign ones and irksome ones. These are mostly associated with the

lower self and these days, I find it best to monitor them and not worry about becoming a “perfect human” –I know a few nearly “perfect humans” (by “human standards”) but their state of consciousness is not adequately unified between higher and lower levels. So here they are, “ideal” models of good and righteous human behavior with spiritual aspirations yet, but they are having difficulty accessing higher levels of understanding, etc. and consequently having difficulty comprehending the “real reality” and making decisions based upon irrelevant old paradigm notions as to what one should and should not do or plan for.

In addition to the downward pull of social programming and social habits etc. there is usually another “Catch-22” –the personality self fears its own demise and ascension is too often cross-linked to this for the human self –usually between its lower and middle levels.

Some are more caught in this than others, of course and so I have begun an essay on this problem. At its center is the problem of fearing “death”, fearing the unknown, yet also being attracted to it without having an appropriate or clear enough high attractor. Where there is relative excessive imbalance between “downward attractors” (human) and “upward attractors” (spiritual higher levels, etc.), then there is a push-pull log jam or stalemate that occurs until one emerges the successor. This is too often an internal mind game battle – and this unfortunate dynamic is reinforced by so many of those old and new era spiritual teachings.

With sufficient completions and a clear enough high attractor, (positive attraction, not negative repulsion) then the lower/middle self problem diminishes and the lower self becomes an ally –and frees up a source of new energies for the whole process. Sure the body is likely to be left behind, but more of you can then be on board for the “trip of a lifetime”.

For most this is a process will take some time. Perhaps weeks or months –for some a few years or so. Whatever happens, humans, as they are now, seem to have a few to years to complete a process of separating what is spiritually Real and True from a false existence.

During this process it is darn very frustrating some days when one is just tired of the whole process sometimes and would (understandably!) prefer to just get it all over with quickly. I have those days too –and yet I know my general parameters and terms of maintaining my human presence here.

Maintaining my presence here is important to my own process of connecting a flow of learning between lower and higher levels of being. Otherwise I would lose a very important point-of-view and source of higher knowing by not being here in 3d this way. It is one way that can also be of service to the greater process – eyes/ears/nose to the ground, so to speak. These are a few reasons why I maintain some personal eccentricities and simple enough daily habits, including enjoyable and healthful physical and other activities.

With an expanded state of consciousness, there is often no motivation to be involved in creating anything new via the human vehicle –save that of experimenting with cellular and subtle body transformation/transfiguration. And for those of us accustomed to always be creating new things, art, projects, etc. this contribute to a difficult transition at times.

With paying greater attention to having a healthy physical body –to further assist and support in the ascension process like having a good space launch vehicle – there is a new risk of becoming attached to this and so it needs to be consciously and attentively dealt with in ways that are kind to yourself.

Some of us are staying here as long as we find it tolerable –I compare it at times to training to hold ones breath underwater longer and longer –and over time with practice you overcome the autonomic reflexes of the body.

I would like to believe that, here and there, some of us will be able to assist others here and there in departure from their human embodied state when the time comes. I do not know this for sure, but I consider it a good possibility.

All in all, expanding and learning and knowing more while still in 3d can be an important and useful part of the ascension process for some and of great benefit and value to the larger process as a whole.

-ASK

**Postscript to above:**

January 21, 2013

As I wrote in the above post: “*With an expanded state of consciousness, there is often no motivation to be involved in creating anything new via the human vehicle ...*”

This is an “as below” reflection to a limited extent of the problem at the higher levels in which there is a type of “looseness” that has proven to be so detrimental to aspects in the human 3d realm. In a space of non-duality of the higher Creation this is not such a big problem, but in a dangerous region overrun by the Dark and set-up to meet the requirements of the Dark, such sloppiness is detrimental to higher self/soul beings themselves.

-ASK

## Part 1

### “Exploding Self”: Pressures and Relief

January 29, 2013

<http://newearthsummit.org/forum/index.php/topic,1414.msg5974.html#msg5974>

*[i] My apologies in advance if portions of this first part may seem to skip from theme to theme too much. I was more interested in sharing this content and than in word crafting. Also, there is some necessary overlap between Part 1 and Part 2. [/i]*

There are at present various factors contributing to a “pressure” that is building.

It is a concentration of energies as well as new changes and there is some “relief”.

The entire process does not lend itself to the point of reference of ordinary human awareness and one finds it necessary to cease thinking like a “human” and think and be aware like a spiritual being that happens to have a human presence.

Indeed, the process of the higher Light is not one of “fighting” the Dark –or of mutual annihilation. To whatever extent this has been the case, it is not the case now. “Been there, done that.” I have discussed this specifically in the context to the fundamental incompatibility of the Dark side paradigm of conflict-duality and that of the Light which is based upon non-duality and the self-regulating interconnectedness of higher oneness.

And yes, there is that state of being that is of [i] *non-duality*[/i] –something so very inconceivably “alien” to a consciousness that only knows conflictual-duality. One could also say there is a “new” state of being, one presently concentrated in the new creation matrix that we have discussed over the years.

[i] “Trust, caring, service, in the over arching context of the higher Oneness...”  
[/i] are very important guidelines for those consciously seeking spiritual evolution. I suspect few have really understood the implications of such a concise and simple set of guidelines for the new life.

In many ways the new creation matrix “embodies” a third state, one that has been inoculated from the errors of the Dark. Yet it is also most harmonious and coherent with the non-duality of the higher Oneness of what we have come to call “Creator of All”.

Our predecessors were aware of the potential changes due to a successful descent of the “supramental” energies. But there was insufficient understanding in the higher realms of the situation “down here” and thus no way to really help in any

large scale way. So early pioneers experimented on themselves, seeking ways to bring the supramental through very fine “openings” that bypassed the control systems. The goal was nothing less than the entire transformation of consciousness and material reality, including that of the human and planetary body. Their subtle and physical bodies were what they used as conduits. Much was learned from these experiments, including the inherent limitations of the biological physical body and the operative levels of “self”. I will likely have more to say on this in the concluding future essays.

Slow and fast beneficial “explosions” are now occurring in the energy fields of some, providing the basis and capacity for something more, then more building, until a qualitative state change occurs.

The whole process taxes the capacity of the physical body to keep pace while cells and organs are asked to do “double duty” –to maintain the physical vehicle while effecting a changeover in their energy capacity with minimal catastrophe. This is one reason to take extra good care of ones human vehicle, even if you anticipate a “short tenure”. And yet there are also periods of vastly improved health and vigor, often persisting until the next stage arrives.

For most, this is about preparing for a [i] *transfer of consciousness* [/i]. We have discussed this before and described some of the variations on this.

Some years ago when the ascension and transformation process was not looking as if it would complete as desired, some began working on transferring their consciousness away from this realm and into wholly new ones or the familiar “home” of their true spiritual nature. In some cases it meant creating a new lightbody for themselves in the event that their localized lightbody became trapped.

Now this is much less a concern as it is more likely that those who have a sufficient lightbody – localized or resident in their higher self/soul matrix can use some or all of it to assist in their ascension/transfer process. In some cases this will be a nearly complete “upshifting” of much of your energy bodies –“upwards” into the greater light body of your own greater being.

*[i] For some it will seem as though you have become what you have sought and what you have sought has become you. [/i]*

“Ascension” is not necessarily a full departure from the earthly realm, rather it is the rejoining of the localized spiritual self with the higher self/soul body and the higher Oneness of Creator of All. Imagine having full access to an extraordinary range of vibrational states simultaneously, tunable to any level and extensible outward through All That Is. Yes, this can also include earthly 3d at the same time –if this is what your more highly informed spiritual self chooses. The major change however is that the “all of you” will be fully responsible and capable of selecting what range of existence you will be in. This means being able to

withdraw at will from a given loci (this gives new meaning to the concept “locus of control”).

There are various stages to the correction energies and presently we seem to be in the first half, generally speaking. It is my hope and expectation that subsequent stages will move more quickly. This has much to do with how our own capacities and consciousness expands as the corrections process works to help the true Light emerge from the embrace of the Dark and from complex delusional illusions of a reality based upon falsehood.

The purpose and process of these higher energies apply also to our own higher level self/soul beings, as they too are undergoing much needed correction and cleaning and realignment to their original purpose and intent. This is something that is too little understood and very few have much awareness of this. It is related to the problem we discussed around the end of 2009 in GA:News. I do not know of anyone else who has had the “audacity” to write of this (not in English at least).

I would also pause here to remind everyone to please refrain from worrying about everyone else. Please stop. When you are more completely connected up and down between your higher and lower levels, you will know “what is what”, what to do, etc.

Please also realize that it is a supreme act of service to the higher benefit of all to focus on ones own development as a spiritual being and ones ascension process. This is primarily a matter of pure focused intent more than anything else and is not a matter of reading, workshops, gurus, or rituals.

The true Light of your true essence is highly “fluid” and readily passes through much of the “filtering” processes of the “correction energies”.

It is usually the initial stages of stepping out of this existence that can be the most difficult. Once the intent and the practice are established, it becomes easier. This is not say it is “easy”, just that once the biggest steps are taken to let go, the process begins to take over and you become a part of it.

It can be compared to overcoming autonomic bodily functions and switching them to a new phase state.

There is first the idea that it is possible, then there is the practice, then there is the doing it for the first time. After that it becomes a matter of consciously attending to this new process daily and resting when necessary in between.

Eventually breathing the “new air” becomes easier and new capacities become available. How much of all this is enough, is something that is a unique decision each one makes between their human self and higher self.

While each of us starts in with all this our own pace, at some point, unique to each of us, we will find that we cannot drift along in an ambivalent way.

Many of us are still vacillating between one last “dip” in a rapidly eutrophyng environment.

When to “stop” is a matter of choice and a matter of learning to choose from ones spiritual higher self. The more one does this, the greater ones access will be to true (spiritual) freewill, and the greater ones capacity will be.

The more one gives oneself over to the habits and pressures of the “social” environment, the less one will be able to access this power of intention.

The entire process is fraught with unknown stresses and pressures for those seeking and anticipating a conscious ascension process.

We are now finding “people” appearing more and more “solid” looking at the nearby levels up –usually it is those who are more readily separated out from the falseness of human existence and their personal attachments. Some only pop up for a first look or two before retracting to their default human range of awareness.

At some point, those who are attending to their process will know for themselves when they need to choose whether to switch their breathing to the new air of the higher levels –or to continue a while longer relying on a snorkel tube of their core energies to maintain themselves a while longer in a human embodiment.

The next level up is not the “new earth” or the “new creation”, etc. Rather it is more like a “virtual environment” where the human self can take a breath of some new air, and consider new possibilities for itself. Some will use this opportunity to experience what they were unable to while in human 3d. One example would be genuine trust –something that is nearly impossible to achieve in the present human earthly environment. Some may practice or explore the possibilities of conscious creation in a relatively “safe” environment where experiments cannot burgeon out of control and infect an entire cosmic reality.

As different selfs link up with one another, this can lead to developing a mutual practice of the trust, caring, service within a connection to the Higher Oneness.

As we have written on this before, this is preliminary to connecting in with the new creation systems and spiritually evolving into a creator being.

And all of these are not mutually exclusive situations! One can span multiple vibrational states simultaneously and thus some may continue expanding beyond this.

For those who continue looking outwards to others first, such socially-habituated attachments are impediments. One of the “antidotes” to this is the attraction of the higher level of being, even one level up things are freer and more conducive to human expression than the 3d human levels. This is also part of the process of engaging ones lower levels of being in the ascension process. Otherwise it is like a boat with two parties paddling against one another.

Those who are in the forefront of all this are something like the lead group of geese to a larger number of groups of geese who are all migrating in the same general direction. While moving forward, we can compare notes and make course adjustments.

There are larger beings coming in to help with all this, including at a solar and galactic level, etc. The dense packing around earth of the first set of beings has helped to increase the energetic carrying capacity and facilitate larger scale of beings to take things to the next stage with the “correction energies”.

For some, this may feel overwhelming and forbidding. There will be those who take to this and others who do not. One thing I have learned so far and that is the “correction energies” and the process is highly adaptable just as it is highly uncompromising in letting dark-side influences slip through the process.

This is one of the reasons for the feelings of tremendous “pressure” bearing down at a subtle and physical level, contributing to psychological stress responses.

The basic “human point of view” remains limited by human beliefs and subconscious impulses and fears and beliefs that limit the human level capacity to move beyond the familiar limitations of the human-earthly environment.

I can only counsel patience at this time and to stay highly focused on your own process. If you must, then relocate your bodily self to a more conducive environment. If you can surround yourself in a higher energy bubble, do so. But each time you leave that bubble, to partake in one more go-round of the familiar human social milieu that so many are addicted to imagining it to be “living their life”, be aware that you are taking something of a risk to your own process.

Engage in beneficial physical activity that is not excessively intense and do not over-tax it with inappropriate foods or social situations. While there are supplements to take to help support your cellular processes during more extreme periods, ultimately this is not as critical as your state of consciousness –your beliefs, your spiritual aspirations, and the ongoing expansion of your awareness across multiple vibrational states and dimensions.

During this period of intensifying changes, it is often helpful to find ways to engage yourself in ways that have nothing to do with the mass-mind control. But even that can be short lived as one of the effects is to increasingly lose interest in “doings” and in all the “goings on” around you. These days it is difficult to be

aware of these pressures and not become impatient, tense, or frustrated with the process.

The pressures we are aware of are occurring at more and more levels of reality, the subtle and the gross material.

This applies to humans, their higher levels of being, the planet and its higher level being, and so on.

There will be more and more events occurring to change the planetary physical environment and this will add additional stresses upon human society and human consciousness. Some of the subtle levels of planetary and solar and galactic changes naturally affect our human subtle bodies and these in turn influence our physical, emotional and mental states. This is not “merely” due to an increasing effect of “influence at a distance” –it is also because of the expansion process occurring that includes our human level as well as our higher levels and this brings us in more direct connection with these greater energies.

-ASK

**Post Script:**

Even if done only facetiously, it is still a risky thing to entertain concepts from the DSM on psycho-pathology, especially as it might pertain to spiritual development. The DSM is a product of the collective diseased mind operating under the auspices of the APA! It is used to rationalize drugging and institutionalizing an enormous portion of society in most countries that are integrated into the global control systems. For those unfamiliar with the DSM, here is a Wikipedia entry:

[http://en.wikipedia.org/wiki/Diagnostic\\_and\\_Statistical\\_Manual\\_of\\_Mental\\_Disorders](http://en.wikipedia.org/wiki/Diagnostic_and_Statistical_Manual_of_Mental_Disorders)

## **Part 2: Ascension and the Expanding “Self”**

January 30, 2013

<http://newearthsummit.org/forum/index.php/topic.1414.msg5975.html#msg5975>

*[i] NOTE: My apologies in advance if portions of this may seem to skip from theme to theme. I was more interested in sharing the content and than in word crafting. There is some obvious overlap between Part 1 and Part 2. “Part 1” link: <http://newearthsummit.org/forum/index.php/topic.1414.msg5974.html#msg5974> [/i]*

Through most of my human life I have been aware of a high level attractor or reference point in addition to my human one, and especially so in the most recent decades. One level reaches “down” to connect while the other reaches “up” to connect and between them some interesting things develop. It is still an ongoing process and early on, none of this was “easy”. It was not until recent years that other points-of-view or “loci of awareness” developed into something recognizable enough for my human awareness to put into words. These four or five “loci of consciousness” reach into that which encompasses the fallen sector, the new creation matrix, and somewhere in non-duality bordering the edge of “that which is not”. And of course my human 3d and other levels here.

It is from these points-of-view that I write most of what is in NES forum posts, *Global Awakening News*, and the *A-List Updates*. This is but one example of a process of expansion and extension of consciousness while still humanly embodied.

As your “vertical” core or “axis” extends upwards and downwards, there is a greater “axial” stability available to extend “outwards” across multiple vibrational ranges spanning “The All”.

Those who prematurely overemphasize one segment of the available spectrum of awareness (such as heart or mind) from the human level, can find difficulty in bridging to the higher levels of knowing and thus can be easily influenced by others around them or by invisible dark forces. All this involves far more than bridging heart and mind, etc.

Those who give more emphasis to their higher levels and their “vertical axis” usually find that they have a greater capacity to connect at many other levels – human and far beyond. In turn this offers a greater context from which to learn and understand what is being sensed or experienced from ones human or other levels.

Previously, I offered the analogy of a transparent elevator in the center of a transparent high-rise building. Eventually you can find it possible to explore the

space of this structure, many floors at the same time. You can eventually expand to inhabit the entire “building” itself and that in turn becomes an even more stable axis that can support exploring the seeming infiniteness beyond the “building”. This is one model of the ascension process. It is primarily concerned with consciousness and its states of awareness and beingness. This is what it is all about. Manifestations into atoms, trees, “critters”, planets, universes, etc. are all secondary expressions. By “secondary”, this is not to diminish it, only to emphasize the primacy of consciousness and its states.

There are a number of readers here who feel they are “exploding” in various ways. And there is also the seeming “drag” from their physical body that seems unable to keep up with an increasing need for new capacity for these energies that we are connecting with and that are connecting with us.

“Exploding” from the tension between an expanding state of being and the limitations of human existence can take many forms.

Patience first. Try to see what can ease this effect. Slowing down a process can actually speed it up –like supercooling of materials so that they can conduct electrical flows with less resistance.

Tension can often provide added impetus for a new breakthrough. Sometimes it takes many test runs to find the right “phase variance” between the changing state of your subtle bodies and that of your physical one. Take a breather to rest between tries also helps. By way of another analogy, it is hard to overcome bodily autonomic process on the first try or to do so repeatedly with success.

It was in early 2010 that we first described the coming of a “press pot” process as something of “the hand of God”. It has taken many “test runs” for these “correction energies” to be adapted and configured properly. And so here we are.

The filtering energies descending as more of our self is expanding and ascending. This process is generally one of vertical and horizontal expansion of our consciousness and associated energetics.

To describe some of the qualities of what is behind the initial “press pot filter” stages: It can feel or look like a viscous pure pale golden amorphous “crystalline-like” like energy that is already working at the higher levels of soul beings and higher level self to bring their totality into a more cohesive and unified whole and counteract tendencies toward non-coherent dissipation. What there is of the human level of being will be met –and will meet on its own –this exquisite energy field. I suspect that not all spiritualized human selfs will be conscious of as it is occurring.

Many will be changed by this and those higher level beings so changed will (hopefully) be able to act more deliberately to help with the extraction of what

has been trapped in the human and other fallen realms. Thus the whole process will seem to speed up in its pace and thoroughness.

The “correction energies” are set up to realign, cleanse, and reorder *all* of creation to its divine potentials.

So, there may be portions of our being which are having some difficulty with the process. Sometimes it is a matter of calming the body-self enough so that it can accommodate the changes. This is like slowing down molecule vibration by supercooling materials so they can conduct more electrical power. There may be situations where this cannot happen. In any event, all one can do is to take care of their subtle and physical bodily vehicle and give it their “best effort”.

For those who are more aware of the “press pot” effect, they may find that their human physical vehicles are not changing at the same rate as their subtle bodies. Even within and between higher and lower levels of energy bodies, things may seem out of kilter, out of “synch”, even discordant. As your higher level of your greater being interacts with the correction energies, the lower levels of energy bodies and physicality and human self consciousness they are closely associated also come “under pressure” by the correction energies as descend further into density, while separating out what is of the Light and what is not.

Those who most identify with and are attached to the human level of existence will have a more difficult time with all this. A simplistic analogy would be trying to walk through a narrow doorway while laden with bags and suitcases and backpacks. It won't work unless one drops the bags and then walks through the door.

So here and now is an even more pointed and practical reason for consciously detaching from that which can only fall away as you rise beyond it.

This principle also operates at the mundane social level, something we discovered and named “social inertial ballast” from our *IOOW2000* research into the state of social-spiritual consciousness conducted around the turn of the millennium.

Today there are too many who are spiritually minded who are still attached to the beliefs and illusion of outcomes in the human societal sphere of thoughts. Like a hot air balloon trying to rise with a growing pressure in its expanding envelope, it cannot rise, not until *all* ballast ropes are let go of.

*Patience* and self-discipline are essential to detaching from any stimuli that cause unproductive disturbances to your process. Patience is also asked in adjusting to bodily difficulties.

Sometimes this may require finding ways to enhance the bodily capacity for these new energies. This may entail finding ways to slow things down a little, calming the body through prolonged gentle exercise, breathing, and rest. Limiting food

intake to what is really essential and beneficial and using various dietary supplements to support the process.

And then there is the ongoing business of ones internal and external completion process and higher attractors.

For those who are most focused on their evolution and ascension as spiritual beings, while embodied, it is nearly impossible to detach from the overall environment of earth and human society in its broadest sense. And so breathing, eating, drinking, excreting wastes, can all trigger frustrating tensions and become tedious at times. At times it can become important to limit ones intake of food and various activities. When one is preparing a meal, etc., it is best to find something in the process that is enjoyable, yet not something to be addicted or overly attached to.

There may be times where you feel you are dying (in the ordinary sense) and maybe you are –but then again, maybe you are not –and what is actually dying are the old, familiar, modes of existence including those at your cellular level!

In other words, you may be actually shedding facets of your human existence. In more extreme situations you may find a more complete energy changeover that can be disturbing for some days until you adjust to the “newness” that goes along with it. When this is occurring, it is possible to find new resources of a different kind of patience. Rarely is any of this “easy” to go through and one may wish to have an itinerary to read off of!

This is a type of “death” that is preliminary to a deathless state, your true self, your true state of being. And so this is yet more reason to find ways to situate yourself in ways that will be the supportively gentle and pleasing to you. For many this may entail difficult choices. The “shackles” of human life come in many forms. Sometimes it is possible to slip out of them, leaving behind a mere illusion or projection that you are still there.

In the context of your expanding state of being, you will generally know when and what of your “travel itinerary”. In other words, you may well find yourself in a higher state of being while still embodied –it is part of the ascension process. You can learn to trust more and more your own higher inner knowing.

As of this writing, I am not aware of any one individual who is a trigger or key to a larger “explosion” of others into a more fully ascended state of being. I know there are those who, out of the hubris of a distorted consciousness, aspire to some type of messiah-hood, but this is not how things go. For now it is going slowly and imperceptibly. One here, another there. Sometimes I see them in the next levels up.

Any number of events of human folly or planetary changes could propel huge numbers of human selfs out of their bodily vehicles. While these events will likely

be occurring to a growing extent, the only ones who seek to hasten this are dark forces that rely upon conflict and chaos.

I would also address the converse of this –in other words, refrain from “praying” that no human or planetary catastrophes occur. It is a form of presumptuousness and hubris, however well intentioned.

Again, focus on your own process. It is one of the highest forms of service you could be involved in right now. And leave the planetary processes to those larger beings that are charged with such tasks and focus on your own process.

“The All” of Creation is vast and does not revolve around humans on earth. This just happens to be the locus of attention for those who are so involved here and one of several focal points in the fallen sector.

That said, enormous care is being taken from the highest levels of creation to correct the grievous situation of human and soul levels of consciousness that have been seemingly trapped in an environment floating in a space dominated by dark forces for far too long. If this were not the case, the earthly environment that human civilization has developed in would have been “deleted” by now.

One of primary concerns is to facilitate the most possible by way of spiritual learning that can propagate to our higher selves and souls. So this is one reason for taking such careful steps by the higher levels.

Yet at some point in the process, it is likely that earthly 3d environment will undergo a catastrophic reset and learning process would continue in the next levels up where the energetic environment is more conducive.

There are important changes that need to be occurring and that are occurring at the levels of our greater selves and soul beings. This will be bringing more levels of our being into a more unified and coherent field of being.

All of the foregoing said, there may well come a moment in which for each, their full ascension into their true state of being will come as an explosion of energies. Whether it triggers others to “ignite” that will be tested if and when this occurs.

You may wake up one day as a full-fledged resident of your soul/higher being greater light body –and/or you may find yourself with a more compact light body that bears some semblance to that which encompassed your human self.

Presently, we are building capacity for something extraordinary. Simultaneously, the old familiar 3d world will continue to fall away –sometimes gradually, sometimes catastrophically and with great speed.

-ASK

## **“Trust, caring, service, in the overarching context of the higher Oneness...”**

February 1, 2013 – Updated for Clarity Feb. 2<sup>nd</sup>

<http://newearthsummit.org/forum/index.php/topic,1414.msg5978.html#msg5978>

*[i]* “Trust, caring, service, in the over arching context of the higher Oneness...”  
*[/i]* may well have been one of those things "implicit" to certain levels of the process of creation, but it was not necessarily explicit with the core "operating systems" of all those beings who eventually populated The All –by this I am including all levels of *[i]*spiritually *[/i]* sentient beings. Some came to it in their own natural evolutionary process, but not all.

There is the implicit and explicit internal drive to explore, to learn, to evolve, etc., and this may have been entangled with a poorly-recognized flaw –perhaps second to the flaw that inadvertently gave rise to the Dark.

This relates to the apparent separation between higher and lower levels within some higher level and soul beings. And at the human level it bears directly upon the problem of poor communication and dearth of tangible support from ones higher levels of being on behalf of ones human level.

This is all the subject of a new essay I am preparing.

Amongst other things, the problem objectively involves an insufficiency of “dynamic balance” to maintain connection to the higher Oneness, Creator of All as the levels of individual increased.

In the realms of *non-duality*, a unifying consciousness permeates everything and it facilitates self-regulation. Hence there can be differences or opposites without the sort of antagonistic duality that governs the fallen sector.

One of the great joys in true Creation is to explore, to expand, and to evolve.

As beings extend more individuations of themselves into far reaches of existence and into lower levels of density, there needs to be a dynamic balancing of the tendency toward individuation with the mutual attractor of higher oneness. This is an important element to the present day ascension and transformation process.

When this is done successfully, there is a greater ability to learn, evolve, grow – and to discern and self-regulate in ways that are “spiritually responsible”.

Without this dynamic balancing, there is the tendency toward lassitude in dealing with the far flung aspects of ones greater being. This weakened their ability to integrate spiritual learning into a coherent and cohesive whole –and it made it

easier for the Dark to entrap and hold light beings in a type of “virtual reality” in which many higher level being were unaware how much of their totality was being parasitized by the Dark. The Dark offers many rationales to stay in the “game” –a virtual reality-like environment created and managed by the Dark for their own purposes.

With regard to the human level, many powerful belief systems were introduced over thousands of years that became part of the “learning” of higher level beings and souls –many of whom were naïvely innocent of pathogenic properties of these “memes”. (“Garbage in, garbage out.”) This is only one of many reasons for such idiotic channeled messages –including those seeming to come from some level of ones own higher self.

As mentioned in Part 1 and Part 2 above, we referred to discussions from August of 2009 on the problems of our own higher levels and how, at their own request, they were given a short time in which to demonstrate a capacity to influence their own lower levels residing on Earth. By December it was clear that this was not going to happen and could not occur without the full involvement of the “correction energies” preliminary to any “ascension” and transformation process.

*“Trust, caring, service, in the over arching context of the higher Oneness...”* is something deliberately “encoded” into the “operating systems” of the New Creation. An essay was published a while back that contrasted the base case parameters of human-earth creation with those of a higher order new creation matrix. (See <http://www.pfcn.net/Bulletins/Making%20Things-New%20Creation.pdf>) And another essay discussed these principles in the context of the spiritualized human level on Earth. (See <http://www.pfcn.net/Bulletins/Awakened%20Community-%20Nov%2007.pdf>)

It is one way for beings at all levels to develop a more conscious approach to co-creative endeavors –and to develop the required internal self-referencing that is a prerequisite for collective efforts in “creatorship”.

These principles are innate to the new creation process but are also available to all those beings who choose the path of spiritual evolution at all their levels.

At the present state of human level consciousness, these principles are “non-starters” for many to consider, but moreover they are unachievable without the descent of the supramental consciousness. It is very rare for individual humans to have these principles operating internally for themselves at their human level, very rare for this relationship to exist between humans –as well as between human and their higher levels –and as we discovered, it is non-operational between among the higher levels as noted in the August through December 2009 discussions.

The “correction energies” are charged with clearing the dark from the true light and in reestablishing a more coherent mutual flow of energy and consciousness between all levels of ones greater being.

-ASK

**“Trust, caring, service, etc.” – Re-translated**  
*Self-referencing guidance for the human self, relations between humans, as well as for soul and higher level spiritual beings.*

<http://newearthsummit.org/forum/index.php/topic.1414.msg5980.html#msg5980>

*Note: Correspondents keep asking about this. So here is one more version. -ASK*

March 1, 2013

For those who are pondering this important guidance for your life and for a “new earth”, I offer a modified “Re-translation” here of one of the most important and simplest principles of self-guiding principles for human and spiritual existence.

This is directly stimulated by the formation of the new creation body that we discussed some years ago.

Earlier exposition as guidance for transitional spiritual community on earth:  
<http://www.pfcn.net/Bulletins/Awakened%20Community-%20Nov%2007.pdf>

And these:

<http://newearthsummit.org/forum/index.php/topic.1414.msg5978.html#msg5978>  
<http://newearthsummit.org/forum/index.php/topic.1373.msg5898.html#msg5898>

Comments on lightbeings, new earth, new creation principles:

<http://newearthsummit.org/forum/index.php/topic.1373.msg5759.html#msg5759>

Now for one last “re-translation” of these terms, consider the following:

Where is it in ones own human self that one can “TRUST” oneself?  
Where is this TRUST in relations to others – human or higher, etc. etc.? How is working at ones higher levels of awareness and being? This includes “tuning” portions of one another’s consciousness to a certain set of energy patterns –like a form of improvised harmonious music –one that is maintained and modified together in a coherent and stable enough manner to the mutual satisfaction of those initiating it. Later all spiritually sentient involved can join in with a more complex “poly-symphony”.

At this point if the trust dynamic is insufficient or unstable, there is no basis going to the next step. Already we can see how this is both a diagnostic tool and self-guiding principles to live by –for oneself as well as with others. This applies at human and higher levels as well. Even at the cellular level this applies. As a practical matter, if the TRUST factor does not “pass muster” then there is no basis for much of anything other than a nod or a wave as if walking past one another. More than ninety percent of human relationships fail this first stage “test” –and how many people know how well they can trust themselves? This is one reason why so few humans will take any risk, even one as trivial as tasting a

new food. And of course this further illustrates how easily individual selves –can be led or misled and corralled.

CARING is about intention and paying attention. What is the intent? Why is it? Why care about something? What truly matters? What truly matters is what you truly care about and thus maintain intention. How is “trust” flowing through this stage?

SERVICE is about attending to those intentions or what you care about. It is essential to the any externalization or manifestation process. This represents manifestational actions –an externalization of thought and intent. How is the process of trust and intention and attention being monitored, maintained, and modified?

The larger ONENESS context is essential to any and all levels of being having a healthy self-regulating dynamic. This is the overarching transcendent connection of non-duality that allows all spiritually sentient beings to flow in their mutual connections and internal relationships. The finer or more dense the individuation, then the greater the energetic measure of non-duality is required to maintain a stable connection between and among all levels of spiritual intelligences.

Without this, entropy and conflictual-duality causes everything to crash.

These are guidelines for new community ... not necessarily achieved by humans on Earth at this time but at the very least it serves as a “pattern pathway” to connect to the higher Oneness and for some, eventually to the new creation matrix that has been birthed. These terms were provided specifically for such a purpose. Begin with this as your own internal “diagnostics” –do not “judge” failure or success, simply be aware and change what you find possible in whatever ways may be appropriate. When you “know yourself” it becomes more possible to join with others who are along a similar set of “pattern pathways”.

To externalize this between human individuals is very difficult until ones own internal systems are operating adequately. These are of course always relative to one’s circumstances.

It is all about awareness and intention ... From this we can attend to community of our spiritual essence. These are part of the vibrational patterns to ascension and spiritual evolution.

These simple guidelines are the closest and simplest in human terms of the principles that being used in the new creation matrix to explore new levels of individuations in new ways

-ASK

## **The New World**

February 6, 2013

<http://newearthsummit.org/forum/index.php/topic.1414.msg5983.html#msg5983>

In my concluding essays I will discuss the implications of all this more thoroughly, and will post a summary soon. For now, I wish to respond briefly.

What you describe is very timely and you are describing a number of things occurring with those in the “leading edge” of the transformational processes.

What you say about feeling “okay” about another major life change is very familiar to me and many others here too. At the start of 1990 I too made an enormous change, “trusting” in my higher Oneness connection –but for what, to what end, I had no idea. It was mostly something involving human me, higher self me, and higher up.

As to not feeling like you are “leaving” (the earth 3d plane) – or not desiring this for now, that is not unusual. Especially with those who have been “connecting the dots” of their own higher levels of being and beyond. As one connects and expands this way, an entirely new way of feeling becomes you at the human level. It is a type of relaxing into the experience of being here, already knowing you are beyond all this. That you have learned to switch your “encounter suit” on and off when necessary to interact at the mundane human level is an indication of this.

I have mentioned in various contexts, that from an expanded state, one remains at the human level as long as one deems appropriate. So it becomes a matter of spiritual freewill, rather than force of habit, programming, addiction, etc. And so one arranges ones human existence in ways that serves ones choices as a spiritual being, and one no longer operates as a human who is mostly unaware. I maintain my “human presence” here as long as it suits. And for now, I find this “ground level” point of view as major changes are getting underway to most interesting in so many ways and at many levels of my being. Living in a peaceful rural/country area can offer a simpler way of life and help buffer one from the growing insanity of the heavily populated areas. And perhaps you are one of those whose locale will be one of those interim islands of “peace and light” in earthly 3d, even during planetary upheavals.

///

As an aside, too many presume it is “all or nothing” (I know this does not apply to you). I have often pointed out how much of the human population died off during the global plague, or the recent hundred years of wars, etc. The same applies to global catastrophes. The question of course is always that of the terms and conditions by which one maintains their human presence here.

I anticipate that the 3d earthly environment will be cleansed completely of a

corrupt and damaged biology and planetary environment –and of human civilization. Until then, it is a matter of spiritual choice. A glacier may eventually vanish into the ocean, but it takes time, even with sudden lurches and surges. In the middle zone, it may seem a slow ride at times, but at the edge of the sea where the glacial suddenly calves off enormous portions of itself, it is all happening quickly and catastrophically. It is important to grasp the distinction. Otherwise one can find themselves gripping the imaginary handrails for so long, waiting for the impending “end of it all”, that they fail to learn very much along the way.

These are important distinctions.

“Ascension” does not necessarily mean one no longer has a human body. These are closely related matters, but not mutually dependent things.

I have mentioned before that in the process underway, there are many who are now developing a quasi-ascended state of being, reassembling more and more of all their being –that which may be in this zone of conflictual duality –and that which may reside in the zone of higher Oneness and non-duality. There is no “ascend-o-meter” that says when you are “fully ascended”. There is no “sine qua non” for this.

There is far too much either or, and mutually exclusive thinking that goes to extremes unnecessarily. Much of this was over-stimulated by the “2012 meme” and false teachers who thrived by parasitizing the energy of others as they stimulated fearful extremes. Recently I have noticed a few characters out there, playing at some cult-like “messiahship game” usually via the Internet.

///

At the next level up, for example, human level selfs are already creating new ways of being for themselves and with others and some are preparing to be of direct assistance during the transition of enormous numbers of embodied human selfs. Such assistance can take the appearance communicating from that level to familiars who are embodied as humans to help them in their departure. Other more generalized assistance can be like “fam tour” guides helping people to transition areas that would be most suitable to them, at least in the initial stages.

It is my sense that those human selfs and those soul beings/higher selfs who seek to experience a more spiritually harmonious existence together, will be doing so based upon mutual attractions conveyed along corresponding vibrational patterns.

All this I have written about before over the years, but now the process is becoming more defined and more clearly underway.

What I have tried to describe is a new reality zone, one relatively cleared of dark influences with certain filters in place to prevent any excessive dark force

penetration or influence –neither directly, nor through projections from the aberrant human mind. It is not the old “astral zone” that was a hunting grounds for human and non-human dark entities and a place for human fragments “lost soul aspects” to get lost in.

This new zone is where the vast majority of human selfs will get a taste of what you wrote: “...of love, freedom, compassion, and joy are what they were supposed to be...”

I have called this a “virtual reality” zone at times, since it is a relatively safe place to test and try things out and to “delete” them like one can in a virtual computer desktop –in other words, there is very little risk of things becoming permanently manifest, subject to decay and entropy as they do in 3d and dragging others down in the process. When the participants are done with their “experiment” they can simply withdraw their consciousness from it and it goes away. In some cases it is possible for some continuity to occur as newcomers make their contributions, etc. This is part of the spiritual learning process, something that has been mostly impossible given the situation of humans on earth right up to the present.

For many this will roughly correspond to a new “baseline” in “4d” that replaces what we would call “3d” now. I continue to find more and more “showing up” from 3d in that next level up, looking and interacting more solidly than before. And of course there are those who passed on from their bodies who have been hanging out in that space for quite a while.

As their energy is withdrawn from 3d, there will no major concern for what occurs with their former 3d biological body.

But this present day Earthly 3d environment that human civilization has been built upon will be “going away”. How this is accomplished will be through some process of “quickenning” as the term has come to be known. More and more catastrophes of human and galactic/solar/planetary origin, growing in magnitude.

I am not aware of any one “instant event”, although I must allow for anything to be possible at this stage of things.

///

One question you might give consideration to has to do with the vibrational state of this “world” you are seeing. Is it this earth in 3d ? Sooner or later? Is it a higher vibrational state that has much of the familiar feel of certain elements of the 3d human-earth environment? Is it another planet in 3d? Or higher dimensional state?

-ASK

## Memorandum to Self

March 19, 2013

<http://newearthsummit.org/forum/index.php/topic,1416.msg5991.html#msg5991>

**To: Lower & Higher Self/s**  
**From: Lower & Higher Self/s**  
**Subj: Unifying Our Fields & Getting Off the Merry-GoRound**

*To all levels of self and to be reinforced by the “corrections energies”: It is high time to get off the “merry go round” and “revolving door” of the entirety of this human realm.*

Dear Reader,

Buffer yourself from all non-essential distractions. Focus on your true nature as a spiritual being. Gather together fragments of yourself and “unfinished business”.

As the human “you” works through your inner and outer completions process, inform your own higher levels to also “*Stop*”. To stop being part of a cosmic error. This applies to human you (as below) and higher you (as above).

Focus on your inner and outer completions process. Try clearing and clean your “desk” of everything and only place upon it what you *know* to be most important. The human level “you” then needs to exercise appropriate self-discipline over external distractions and to continue minimizing the influence of your subconscious levels over “you”.

In the absence of a well-defined “life line” to or from your higher levels, what do see as your most accessible *high attractor*? It can be as simple as a powerful *intention* to rejoin your higher self at a higher than your human level in 3d. At the least, this can further serve to create a lifeline to help you get to your “home port”.

It is not so much that “human you” has been neglected (although this has been the case to varying degrees), it is much more than that. Request and intend your soul/higher self to “stop” being part of “the error”.

There is no “law” dictating a return to human 3d in this 3d earth environment and there is no “law” dictating you must suffer. Furthermore, the notion that “you” return is misleading since the human “you” is only a portion of a much greater “you”. And this is related to the dissipation/dispersal problem that we are discussing in the forthcoming A-List *Update*. So who or what is it that “returns” time and again into the human realm?

Whatever the circumstances of your eventual exit from the realm of human 3d, do not laden yourself with anger, despair or beliefs of some sort of failure on your part. These are all negative counter-attractors implanted by the Dark and passively allowed by your higher level being. Your higher spiritual attractor is at the least an interim lifeline to a higher state of being, even if only one level up. Also, focusing upon something of beauty or oneness that you have experienced in this realm can help enormously in neutralizing tendencies toward negative repulsion that otherwise could short-circuit your process.

With the higher Oneness, there is also “high compassion” and “high absolution”.

## **Bodies?**

I have said this before, there is *not likely* to be a complete transformation of our human *bodies* in a 3d earth environment in response to some sudden influx of high cosmic consciousness and corresponding energies.

For the majority who are experiencing physical and energetic changes in response to the higher energies, these are to increase your capacity for a greater shift of consciousness, one that will “relocate” to a higher state of being. For some this may include having a higher vibrational human-like body, often one that seems very much like an elevated version of their previous familiar one. It will be unique to each.

I can offer many reasons as to why I do not see a complete transformation of the human body occurring now, even without the interferences of dark entities. One of these reasons concerns fundamental problems with housing spiritual intelligences in an animal body, a body vehicle that was engineered by the dark for its own purposes and built upon a template derived from a higher Divine origin.

The power of material biology to impose itself *through the body* upon spiritual intelligences that are unprepared for such experiences, automatically engenders many of the subconscious problems of humans. These in turn are linked with self-reinforcing social control memes, etc.

Bodily autonomic and cellular functions require an intake of materials, processing, and elimination of waste byproducts. There is a similar problem with the intake, processing and elimination of wastes of foodstuffs and the grotesque nature of industrialized “food” production. Add to this internal and external pain/pleasure stimuli, many of which heavily control the animal body and its lower mental responses. Not to be confused with intuitive “feeling”, there is the added the problem of an “emotional body” that is tied in to pain/pleasure sensory stimuli and which is used to “captivate” and “enthrall” (enslave) the sentient self to a 3d human form and collectively reinforcing social interactions.

Socially/tribally, all of these dynamics are unceasingly at work, vastly multiplied and amplified by mutual effects. Additionally, there are the endless problems of organizing manufacturing and housing for concentrations of populations. And on, and on ... As patterns go, one could compare the human animal body processes within the human animal body as a localized “as below” and human global society as a localized “as above” version. Throughout, there are various pressures of the subconscious.

To live as animals, even clever ones that can create paintings and music as well as sewage treatment plants and toxic landfills, is *not* the Divine intent for spiritual intelligences. It is *not* a requirement at any level that spiritual intelligences subject or chain themselves to situations such as this, except perhaps briefly to learn by sharing some of the sensory and perceptual mind of any creature, animal, plant, or mineral. (This is my assessment, at least.)

For spiritual intelligences (souls, higher beings, etc.) to house a portion of themselves over an entire human lifetime, often many lifetimes, does not lead to their spiritual evolution, only an accumulation of memories and “damage” from these experiences. Sifting the detritus of each human life, there may be only one “particle” of value to the higher level being. Very gradually, some spiritual learning is derived through this process of course, but it comes at a great expense.

The higher vibrational energy bodies and light bodies are *not burdened* with such problems as consuming, processing, and waste stream elimination. And it is possible to enjoy the essence of all things without destroying them in the process. Some of this was discussed in the essay on “*Making Things/Ways of New Creation*” Nov 2009 <http://www.pfcn.net/Bulletins/Making%20Things-New%20Creation.pdf> and later at the NES Forum <http://newearthsummit.org/forum/index.php/topic.1414.msg5980.html#msg5980>.

In some future situation, it is likely there will be a more evolved biological vehicle for a new more spiritually-connected human self, one that is both an individuation of spiritual intelligence and an intimate portion of a greater being that in turn is an intimate part of The All.

## **Is it Real?**

I wish to also say here that to the 3d self looking out from a 3d plane of being, other planes of existence can seem vague and immaterial and not very relevant. However, I will also say that to the 4d self looking out from a 4d plane of being, the 4d plane seems quite real enough. And the higher in vibratory state you get, the more vague and distant something like 3d “solid” reality can seem. And this point touches upon the *dissipation* and related problems of insufficient aid and relevant connection between the higher being and its human self –and is discussed in the forthcoming concluding material.

Those beings that have more of their various levels of being fully “online” with themselves, with one another, and with the higher Oneness, generally do not have such problems of “disconnection”, rather they have all perspectives and experiencing connected and available in near real-time.

While this is a rare exception for those still embodied in human form, there are those now who are expanding vertically in their vibrational range and horizontally in capacity across these vibrational ranges.

And this leads in to one of the enigmatic facets of this ascension process: While there many are eager to be done with things here in 3d, there is a process of the *descent* of higher energies, the “greater you”, and the supramental. In many ways more of your own higher being, higher self, *becomes you*. This facilitates the overall ascension process and helps stimulate a comparable process in others and the planetary body. There is nothing much to do except to be aware of it as it is occurring and flowing through you and not to jump to premature assumptions that might be aberrations of the egoic self-centered mind.

Of those who are in a rarified fraction of human selfs who are well along in the process of consolidating their spiritual learning from all this, there will be a portion who elect to assist the process with many more. To some in 3d, they may seem like spiritual guides or “angels”. To some in 4d, they are more likely to appear as higher beings. It is in 4d that the greatest amount of spiritual learning “catch-up” and “make up” can occur and where the boundaries to 5d and beyond are less defined and more fluid.

## **Where to draw a line?**

To illustrate this problem in simple “as below” terms, I would compare it to one of the most challenging topics for a limited 3d human perspective to deal with. I am referring of course to “life” and “death”.

This is something I discuss in greater depth in one of the concluding essays, but for the moment it seems relevant to bring this up here as an example of extreme contrasts.

In many “industrial” health care circles, it is still considered “radical” to offer palliative care to those who are severely or terminally ill. At national and localized governmental levels nearly in every country it is considered “taboo” to consider concepts like “right to die” laws. And in the few instances this is open for discussion, it always revolves around whether “legally certified” medical doctors agree to terminate a human life due to suffering.

Amongst ordinary people, it is difficult enough to accept voluntary termination of life for someone who is both elderly enough and suffering from some infirmity. It is even harder to accept if the person is relatively young or middle aged and suffering similarly. All manner of money and material resources and personal

sacrifices and formal laws are made to justify paying a medical industry to maintain any and all ways to keep a body alive, and thereby oblige the consciousness it houses to suffer through all that it is experiencing. Rarely ever is any consideration given to the human self that is suffering when it specifically asks to be helped out of a state of physical and emotional suffering.

Some religious minded (including its “new age” variants) subscribe to various beliefs that there is some “divine purpose” to all this and that everyone is “in the right place and the right time”, etc., and that “creator” has made this a wonderful learning school for all of us. And then there is the diseased thinking that you “create your reality” and thus your own bodily disease and suffering.

To return to the theme of “life” and “death” there is the profound question of what constitutes “life” and “living”. To humans in 3d, this tends to revolve around bodily functions and social/tribal interactions, usually focused on power, parasitism, and predation. For a rare few, it is around maximizing spiritual learning and maximizing what can be of genuine love, beauty, and truth in a world dominated by a profound insanity.

As to the question of “death”, where can anyone draw the line? What of the conscious individual whose clear focus of intent is not to wake up the next morning, as they know they are complete and done with this “life”? How is this different from utilizing esoteric energy practices to effect the same result? And how is this different from using some type of “hard” or “soft” technology to make it impossible for one's consciousness to remain in its human body? Then there is the question of suffering and terminal illness and the wishes of the self who is suffering? And then there is the deeper question of *spiritual suffering*.

I bring all this up in the larger context of ascension and the larger transformation process. In every catastrophic “disaster” the most common response by those “surviving” is an empathic “grieving” and reinforcement by expressions of the “tragedy”, etc. But rarely is there an awareness by those still embodied of how free so many of those who “perished” feel, having been liberated from the limitations of their 3d embodiment. This situation applies to catastrophic situations, whether it is a sudden “accident” involving only one or a few, or something involving hundreds of thousands or millions. To the extent that there are so many “ghosts” of former human selves wandering the astral realms or hell realms, this is as much a testimony to the damage to reality by the Dark as is it testimony to the problems which higher self/soul beings have in taking greater responsibility for their involvements in 3d.

The main point in most instances is how complete each self is at the time of their changeover, how attached they are to maintaining their human presence, and how quickly they can adapt to this new state and perhaps come to a nearly instant spiritual realization when they are no longer bound to a 3d human bodily existence.

As an aside, I would ask why there are so many praying for no earthquakes, no global catastrophes, and why there so many praying *for* such events? Curious.

So much spiritual “Knowing” has been denied or blocked from the human self, usually by the Dark to maintain a hold on lightbeings, higher level beings, soul beings, etc. and subject them to endless abuses with occasional respites of something “enjoyable” for them from time to time in the earthly realm.

But then there is another problem, one that can no longer be solely attributed to the Dark forces – human or otherwise – and that is the apparent “defectiveness” of the subtle fields of the human level and the inability (defectiveness?) of the higher level being to communicate clearly enough between these vibrational states, even when the human level insists upon such an open channel of communication.

The main reason I bring up these points surrounding “death” and “life” is mostly because too many selfs – at various levels of their being – equate ascension with the human 3d fear-laden memes surrounding notions of “death”. Thus there is an internal push-pull attraction-repulsion and one of the most common ways this manifests is avoidance behaviors which usually feed them right back into the 3d matrix control systems.

In exploring all that is and in considering new potentials, Creator of All, through its myriad facets of being and individuations, is interested in all levels of what is and in developing potential new creator beings. However, there has never been a “rule” requiring spiritual beings to repeatedly abuse themselves in order to learn and grow. That this occurred to the extent it has is only *partially* due to the interferences of the Dark that took advantage of tendencies toward dissipation of energy and attention of soul and higher level beings that became caught up in the spiritual-energetic dynamics of a fallen portion of creation.

It is time for the madness to stop, for spiritual beings to re-member and collect all of themselves and to deeply consider their own higher true nature and purpose. The more any such being that can actively contribute to this process, the better they will able to learn and grow in connection with the higher Oneness, as a conscious part of The All. This applies to all levels from the spiritualized human to higher self/soul beings and other types of spiritual intelligences.

## **Future Human**

In some future time, a new human, born with a fully awake spiritual intelligence, will reside on a renewed and cleansed Earth –and elsewhere. This will be one avenue of many for the exploration of density by higher level beings/soul beings who have been properly prepared for such an experiential relationship of a human self that is also a part of them. In effect, this would be a microcosm for the development of new creator beings whereby they learn what it means to act in a spiritually responsible and caring manner toward a microcosm of creation and

spiritual intelligence –a new Self that is also of themselves a potentially new spiritual being –all connected through fields of higher Oneness.

-ASK

~ ~ ~

## **Reply to Alby: Re: “Memo to Self and Next Level Embarkations”**

March 21, 2013

<http://newearthsummit.org/forum/index.php/topic.1416.msg5995.html#msg5995>

Dear Alby and everyone else here,

Thank you for your comments. You are not the first to bring up concerns about again being “forced” back into a human form –or about “getting lost” once there is no 3d body to be tethered to. In order to answer you and what is implied in your post, I have had to summarize a great deal to place this in a reasonably complete frame of reference.

First of all there is the question of what constitutes “you”? On occasion, human selfs have partial recall of some past life or parallel life experiences. Sometimes this is an inadvertent “bleed through” coming in from higher self, etc. Sometimes there is a more deliberate point to remembering.

One implication of this question mostly concerns ones higher level/soul being, and has less to do with the aspect/fragment that forms something of the human self in 3d.

Nevertheless, your point is very relevant and indicates directly at some major problems that have and continue to plague the higher level/soul beings that have human presences here and elsewhere in the portions of creation dominated by the Dark.

Yes, stamina is needed now and I know how tiring all this is to so many. *We all* have our own varying degrees of frustration and tiredness over all that is going on. The better we can buffer ourselves from all that we can in the human world, at least certain distractions and energy drains can be minimized for a while. The more we are obliged to deal with social, work, family, etc. then the harder all this becomes and for many the need arises to consider various difficult choices.

For many, there is another “you” which is forming an *interim* “home port”. At times there is more of your energy there and less available here in 3d. Our connection to the “next level up” is triggering inexplicable tiredness, spatial and temporal disorientation, and other symptoms are related to this as well for our 3d presences.

I wish to also reiterate something I have written about in various ways previously, that the soul being/higher self is presently a primary focus of the “correction energies”. This is where there greatest changes for the 3d human self can be

effected –including changes needed to bring 3d “you”, “home”. The spiritualized 3d level human self can and must play a role in this process, sometimes with much positive effect, especially with the application of the “correction energies”.

Now before going further, I must make a clear and unequivocal “*disclaimer*”: I am *not* saying in these follow-up comments what is certainly going to happen for most. What I am saying below is my explanation of something that I anticipate could occur for a large number of human selfs.

While this upshifting is occurring now for some and I have no doubt that this will be occurring for many more, I just do not know how –or if –it will play out for a very large portion of seven billion human selfs. But as of this writing, I do not see why it would not be workable in principle. Much has been done to prepare major “pathways” out for 3d and the time for their use is coming soon enough.

Human beliefs (fears and expectations) do play an important role in ones departure from human 3d embodiment. But it is *not* the determining factor. There are forces of your own higher self/soul being and other higher levels of beings that are available to assist in such transitions. Furthermore, this shift to a next level up that is occurring makes for a gentle process and a more conscious one that carries with it considerable spiritual learning.

There are those who have experienced the end of their human existence under the influence of *human* emotions of sadness, despair, anger, etc. Regardless of whether their departure occurs through sudden catastrophic accident, long term illness, or through their deliberately terminating their human vehicle act, etc., these feelings can influence what the self experiences next. There is also the converse of all this which includes awareness and feelings of joy and freedom that can override residual “human negativity”.

While there are dark forces which seek to latch on to these “negative energies”, perhaps even stimulate them further, there is in most cases a higher level “you” and/or higher beings beyond that which can and do assist.

The main concern I would have is to be very clear on ones completions process and not allow such negative or repulsion energies to be a prime motivation. The dynamic of a high attractor plays an equally important role, something I have discussed in various essays.

One can be very complete on this plane and have a sense of sadness or dismay over the human condition, and yet not be dominated by negative feelings. This comes from identifying as a spiritual being, not as a humanly self-centered social-tribal animal. One could say this is a type of spiritually healthy detachment that is spiritually informed.

A few years ago we described various modes for ascension that would differ for each being. These descriptions still apply.

One of the modalities described was an upshift to the next level up for some or all major levels of spiritual consciousness and being. A simplistic example would be that the consciousness that is presently identified with 3d “you” would shift up to another level. While still embodied in 3d, there would be a 4d version busily learning, engaging with others, preparing an interim “home”, etc.

Some portion of human selves will shift their main energy and attention from 3d to the next level up for themselves, eventually withdrawing from their former 3d level.

From the next level up, there is better access to higher levels of being and two-way communication, unlike here in 3d. Those residing more in the next level have the ability to monitor their 3d lower level of self go about its business in the 3d world.

This is the closest scenario I am aware of that approaches certain notions of “mass evacuation” of much of the human population from Earth. And it seems to me to be well underway. Hence the importance now to attend to essentials and find ways to recall waking and sleeping dreamtime or altered awareness. It takes focused intent and paying attention, but one begins to assemble elements of the larger tapestry ones totality of being. Even if it is bits and pieces at first, it is a start. Eventually the process accelerates and more of its features come into view.

For so many, this provides a newly elevated perspective that reveals more of what is fundamentally wrong with 3d and that provides deeper insights into the problems and circumstances of ones higher level of being/soul self.

This initially “ascended” elevated vibrational or state of a human self to human 3d self is curiously comparable to ones soul level/higher being to ones 3d human self. Human “you” may suddenly find itself in the situation of becoming a mini-higher self to your human 3d. This is one meaning to my expression that your higher level becomes you.

Turning this perspective around we can look “up” toward higher levels of being, and perhaps find a “newly” elevated human self assisting their higher level/soul being in it own evolutionary learning. In previous discussions, I have posed the question: “*Are you the one?*” –meaning, are you the one to help with your own higher level beings process of completions with regard to its “adventures” in 3d density?

An interesting situation indeed. And it helps to illustrate something else I have described concerning the spiritualized human self playing an important role as a center of awareness to a new type of spiritual being –or to the extant higher level/soul being. But this is not a topic to digress on in this reply, which is already getting rather lengthy.

It is my sense that some (but not necessarily all) will witness with considerable detachment, from their next level up, the end of the existence of their own 3d bodies and the end of human civilization. This is the closest operational description I have for what be likened to a large-scale collective near-death experience (NDE).

The buffering effects between vibrational states, that has been a source of much difficulty and frustration on all accounts, will likely serve at least one useful purpose in facilitating sufficient detachment from physical and emotional pain at the 3d levels while providing detailed spiritual learning to them that otherwise would be lost.

I suppose if there were to be a greater Realization at that next level up, and at true higher self level as well, then perhaps the reforming and clearing of their former 3d world environment and the 3d biology, etc., could proceed in a different manner. For the present, I do not see a basis for this and only mention it as a future potential.

So to return to one of your main points, it is most likely that “ascended” “you” will have a great deal to say about what is next. This is my concluding assessment and at all my own higher levels which I have connection to. It is also something that is of serious consideration at those higher levels that are charged with overseeing the changes. There are many levels of higher beings responsible for various elements of the larger changes underway here and throughout creation.

I suspect that in addressing your letter, many new questions will be raised from this.

-ASK

Post Script:

Concerning my comment on “avoidance behaviors” which feed back into the “3d matrix control system”, most human selfs are not spiritually aware and are mostly ruled by their subconscious and inconscient levels. Whether it be spiritual evolution (ascension), the truth of the most horrific acts of brutality by “officialdom”, or the nature of the “terminal illusion” referred to as “death” – these things are too much for the ordinary human self to deal with. To do so calls into question the very nature of reality and the falsehoods surrounding human existence and their own personal lives. In short, it is tantamount to a type of self-annihilation. Unconscious avoidance by the vast majority of humans maintains the illusions of their socially-proscribed lives. I have written about this previously, usually with the context of notorious historical events of war and terror.

///end

## **Next Level Up, Next Stop**

March 20, 2013

<http://newearthsummit.org/forum/index.php/topic.1161.msg5993.html#msg5993>

*Also see: Higher Oneness and 3d Life and Beyond -*

<http://newearthsummit.org/forum/index.php/topic.1220.0.html>

Please pay attention to your resting and waking dream time. This is most important.

Do not be overly distracted by visions or images of mass destruction from various causes.

As part of the transition of the larger ascension and transformation process, there is a steady influx into the recently cleared and protected vibrational region the next level up. Call it astral 4.1d or 3.9d reality, whatever you like. But it is populated with a fairly solid feeling and looking group of human selfs who have not necessarily “passed on” from their bodies.

This is an active interim transition zone where 3d biology no longer dominates the consciousness of the human self and where greater connection to higher levels is made easier and without the interferences that exist at the ordinary 3d level. Many look and feel like a younger version of themselves. Most seem to be still living from their human 3d memories and general perspective. Yet the social, political, and environmental problems of 3d society do not exist. So it is a place where one has greater freedom and ease with which to explore and consider all those things they were unable to accomplish while in ordinary 3d embodiment.

For those who only think in simple white/black contrasts, not all will be focused in this next level up. Some will, some will not. Some will have a presence there, much as they have a presence in 3d, but their main focus could be a much higher level – or a plurality of levels. And some will no longer maintain a continuity of a human-like presence.

What occurs with each relative to their present 3d human presence is something that will be met when the situation is appropriate.

-ASK

~~~

## **An Invocation, An Intention, An Attention**

*Every evening before retiring and during the day as well...*

(Basic version)

\* I call upon my lower, middle and higher self. I call upon my highest source origins and my connection to the highest levels of true Oneness and Creator of All.

\* I invite and call in the fullest extent of the highest of the correction energies to enter and descend my entire being down to my human levels and beyond.

\* I invite and call upon the fullest extent of the highest of the correction energies to enter and flow through the space between my atoms and create and maintain a continuous flow through the entirety of all of my being.

\* I call upon the correction energies to clean, clear, or dissolve any and all dark side influences in my being at any and all levels of my existence.

\* I call to me all the particles of the true light in my being as the particles of true light in my being call me to them.

~~~

Ask and allow these energies to flow *through* you. Do *not* “direct” or intend them in any manner whatsoever. These energies have their own built-in “guidance”. Just let them flow through you. Over time your own capacity will grow and so will the process of the larger changes that may concern you and the totality of your own greater being.

*Link to this:*

<http://newearthsummit.org/forum/index.php/topic,1161.msg5485.html#msg5485>

~~~